

PAPER - II
GNM COURSE

SECTION-A: MULTIPLE CHOICE QUESTIONS

1. **Anatomy breaks the human abdomen down into segments called**
 - a. Regions
 - b. Districts
 - c. Quadrant
 - d. Areas

2. **Arteries which carry impure blood is**
 - a. Femoral artery
 - b. Carotid artery
 - c. Pulmonary artery
 - d. Coronary artery

3. **Primary function of the skeletal system is**
 - a. Form a solid framework
 - b. Support and protect internal organ
 - c. Anchors the skeletal muscles
 - d. All of the above

4. **Total number of cranial nerves in central nervous system are**
 - a. 25
 - b. 13
 - c. 12
 - d. 10

5. **Presence of pathogenic bacteria in blood is known as**
 - a. Toxaemias
 - b. Septicaemia
 - c. Bacteriamia
 - d. All of the above

6. **People with moderate mental retardation would have an IQ in the range of**
 - a. 10-19
 - b. 35-54
 - c. 55-70
 - d. 20-34

7. **The following is not an agency of socialization**
- Family
 - School
 - Peer group
 - Media
8. **Which is not a form of social stratification?**
- Religion
 - Class
 - Caste
 - Gender
9. **Patient care model works best when there are plenty of patient but few nurses is**
- Functional nursing
 - Team nursing
 - Primary nursing
 - Total patient care
10. **Which of the description is correct for the prone position?**
- Sitting upright
 - Lying on the side
 - Lying on back
 - Lying on abdomen
11. **Precautions to be taken before giving ryles tube feeding**
- Aspirate gastric juice prior to feed
 - Directly start feeding without wasting time
 - All of the above
 - None of the above
12. **How long do you have to wait for recording oral temperature of the patient if he has just taken hot/cold drinks?**
- 5 minutes
 - 10 minutes
 - 20 minutes
 - 30 minutes

13. **Colour coding for oxygen cylinder is**
- Red
 - Black with white shoulder
 - French blue
 - Grey
14. **A mother reports that her 4 year old child has been scratching her head recently. Which of the following infestation would the nurse suspect**
- Pinworm
 - Scabies
 - Lice / Pediculosis
 - Hookworm
15. **HIV does not cause which of the following illness**
- Anaemia
 - Arthritis
 - Cardiomyopathy
 - Glaucoma
16. **Factors which cause Hepatitis A is**
- Blood contact
 - Blood transfusion
 - Contaminated shell-fish
 - Sexual contact
17. **A healthy 4 month old child should receive**
- Measles and OPV
 - MMR
 - DPT
 - OPV and DPT
18. **India is declared Polio free by WHO in the year**
- 2000
 - 2010
 - 2014
 - None of these

19. **Common factors of air pollution are**
- Industrial emission
 - Poor disposal of waste
 - Mining
 - All of the above
20. **Common methods of water purification**
- Boiling
 - Filtration
 - Chlorination
 - All of the above
21. **The originator of a message for health education is**
- Communicator
 - Audience
 - Channel
 - Message
22. **Communication by personal contact is**
- Face- to- face
 - Mass
 - Both
 - None of these
23. **Which of the following dietary recommendations may help the client with rheumatoid arthritis reduce inflammation**
- Fish oil
 - Vitamin D
 - Iron rich food
 - Calcium carbonate
24. **Half of your diet should be made up of**
- Grains and vegetables
 - Fruits and milk
 - Milk and cheese
 - Fat and sugar
25. **Drug of choice for angina Pectoris**
- Aspirin
 - Lasix
 - Nitroglycerin
 - Nifedipine

26. **Hormone responsible for rising arterial pressure and improving venous return is**
- Angiotensin I
 - Angiotensin II
 - Epinephrine
 - Renin
27. **NSAIDs most often used to treat Rheumatoid Arthritis is**
- Lasix
 - Haloperidol
 - Ibuprofen
 - Methotrexate
28. **Gout pain usually occurs in which of the following location**
- Joints
 - Tendon
 - Long bone
 - Areas of striated muscles
29. **Type of Diabetes controlled primarily through diet, exercise, and antidiabetic agents is**
- Diabetes Insipidus
 - Diabetic Ketoacidosis
 - Type I Diabetes Mellitus
 - Type II Diabetes Mellitus
30. **A 80 year old man reports with urine retention. Factors which contribute to this clients problem is**
- Benign prostatic hypertrophy
 - Diabetes
 - Diet
 - Hypertension
31. **Condition most commonly resulting in Coronary Artery Disease is**
- Artherosclerosis
 - Diabetes Mellitus
 - Myocardial Infarction
 - Renal Failure

- 32. Charges framed for procedure performed on a client without informed consent is**
- Fraud
 - Harassment
 - Assault and battery
 - Breach of confidentiality
- 33. Investigation to be done in case of hypothyroidism**
- Liver Function Test
 - Haemoglobin
 - T3, T4 & TSH
 - 24 hours urine for free cortisol measurement
- 34. Therapies most strongly advocated for treatment of post traumatic stress disorder is**
- ECT
 - Group therapy
 - Hypnotherapy
 - Individual therapy
- 35. Instruction to be observed when administering a Mantoux test is -**
- Use the deltoid muscle
 - Rub the site to help absorption
 - Read the result within 48 to 72 hours
 - Read the result for checking for a rash
- 36. Disorder related to dementia is**
- Alcohol withdrawal
 - Alzheimer's disease
 - Obsessive Compulsive Disorder
 - Post partum depression
- 37. Client with gestational diabetes is usually managed by**
- Diet
 - Long term insulin
 - Oral hypoglycaemic drug
 - Oral hypoglycaemic drug + insulin
- 38. Hormones administered for stimulation of uterine contraction is**
- Estrogen
 - Fetal cortison
 - Oxytocin
 - Progesterone

39. **Best technique to monitor the fetus of a third trimester client with diabetes mellitus is**
- USG examination weekly
 - Non Stress Test (NST) twice weekly
 - Daily Contraction Stress Test (CST) at 32 weeks of gestation
 - Monitoring of fetal activity by client weekly
40. **Most common cause of anaemia in pregnancy is**
- Alpha-thalassaemia
 - Beta- thalassaemia
 - Iron deficiency anaemia
 - Sickle cell anaemia
41. **Fetal position best for birth is**
- Vertex position
 - Transverse position
 - Frank breech position
 - Posterior position of fetal head
42. **Important laboratory result for a client admitted to the labour and delivery unit is**
- Blood group
 - Calcium
 - Iron
 - Oxygen saturation
43. **Assessment of the mother made in the immediate post partum period (first two hours) is**
- Blood glucose level
 - ECG
 - Height of fundus
 - Stool test for occult blood.
44. **Crowning takes place during which stage of labour**
- First
 - Second
 - Third
 - Fourth

45. **A three year old child should be able to perform**
- Ride a tricycle
 - Tie shoelaces
 - Roller skate
 - Jump rope
46. **The most common type of cancer in children is**
- Hodgkin's disease
 - Leukaemia
 - Osteogenic sarcoma
 - Wilm's tumour
47. **Intervention recommended for children with CSOM with effusion is**
- Antihistamines
 - Corticosteroids
 - Decongestants
 - Surgical intervention
48. **Trained Nurses Association of India was established in the year**
- 1920
 - 1947
 - 1908
 - 1968
49. **Action to be taken by Nurse Manager to communicate staff nurse medication error is**
- Incident report
 - Oral report from the staff nurse
 - Copy of the medication Kardex
 - Order change signed by physician
50. **Historical research relies on all of the following except**
- Records
 - Diaries
 - Photographs
 - Interview

SECTION-B :
SHORT NOTES & LONG ANSWERS

1. Write short notes on any four of the following **(4 × 5 = 20)**

- (i) National Immunization Programme
- (ii) Nursing responsibility of a patient on IV Infusion
- (iii) Observation of a patient with head injury
- (iv) Complications of Spinal Cord Injuries
- (v) Organ donation a gift of life
- (vi) Cardio Pulmonary Resuscitation

2. Attempt any three of the following **(3 × 10 = 30)**

- (i) Nursing Management of coma patient
- (ii) Management of second stage of labour
- (iii) Nursing management of a middle aged patient on chemotherapy
- (iv) Bio Medical Waste Management in the ward
- (v) Health Education to a group of mothers on prevention of home accidents