

NHM MP CHO Exam Pattern

Name of the Subject	Number of Questions	Time Duration
General Knowledge	100 MCQ's	2 Hours
Aptitude		
Reasoning		
Concerned Subjects		

NHM MP CHO Syllabus-Topic Wise

General Knowledge

- Geography
- Indian Constitution
- Awards and Honors
- Current events
- Books
- History
- Sports and Games
- General Politics
- Economic Scene
- Culture

Aptitude

- Problem On Ages
- Geometry
- Profit & Loss
- Time & Speed
- Time & Work
- Percentages
- Simplification
- Investment
- Pictorial Graph
- Trigonometry
- Pie Chart
- Statistical Charts
- Data Interpretation
- Fundamental Arithmetical operations
- Algebra
- Simple & Compound Interest
- Average

- Mensuration
- Number Systems
- Mensuration
- Number Systems
- Bar Graph
- HCF & LCM
- Area

Reasoning

- Decision Making
- Number Series
- Directions
- Syllogistic Reasoning
- Alphabet Series
- Arithmetical Reasoning
- Embedded Figures
- Clocks & Calendars
- Mirror Images
- Arrangements
- Judgment
- Visual Memory
- Problem Solving
- Blood Relations
- Non-Verbal Series
- Cubes and Dice
- Number Ranking
- Analogies
- Coding-Decoding

Child Health

- Cardiogenic shock
- Leukemia
- Cancer
- Cellular and Molecular Therapy
- Attention-Deficit / Hyperactivity Disorder
- Learning disorders
- Hypovolemic shock
- Lactation support
- HIV
- Hemophilia
- Anemia
- Cardiomyopathy
- Hypertension
- Angelman syndrome

- Hearing loss
- Autism
- Autosomal recessive lysosomal storage disease.
- Hepatology
- Cognitive impairment
- HIV
- Vision loss
- Hematology
- Clinical Trials
- Abuse in pregnancy

Adolescent Health

- Respectful Maternity Care.
- Family Planning and Maternal Health.
- Malaria in Pregnancy.
- Maternal Health in the United States.
- Antenatal Care.
- Postnatal Care.
- Perinatal Mental Health.
- Quality of Maternal Health Care.
- Maternal Health, HIV, and AIDS.
- Global Maternal Health Workforce
- Preterm Birth.
- Maternal and Newborn Health Integration.

Maternal Health

- Prevention education, counseling, testing, and referral
- Contraceptive services
- Breast and pelvic examinations
- Sexually transmitted disease services
- Breast and cervical cancer screening
- Broader reproductive health services, including patient education and counseling
- Pregnancy-achieving services including preconception health services
- Basic infertility services
- Pregnancy testing and counseling
- Sexually transmitted infection (STI)
- Human immunodeficiency virus (HIV)

Communicable & Non-communicable Diseases

- Alzheimer's disease
- Cardiovascular Disease (CVD)
- Osteoporosis
- Osteoarthritis

- Chronic obstructive pulmonary disease (COPD)
- Malnutrition
- Diabetes
- Diabetes mellitus type 2
- Obesity
- Lower back pain

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