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Test Booklet Series

T. B. C. : AM – 1/21

A

TEST BOOKLET

**AYURVEDIC MEDICAL OFFICER
PAPER – I**

Sl. No. **1153**

Time Allowed : 1½ Hours

Maximum Marks : 100

: INSTRUCTIONS TO CANDIDATES :

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS TEST BOOKLET DOES NOT HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET OF THE SAME SERIES ISSUED TO YOU.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES A, B, C OR D, AS THE CASE MAY BE, IN THE APPROPRIATE PLACE IN THE ANSWER SHEET USING BALL POINT PEN (BLUE OR BLACK).
3. You have to enter your Roll No. on the Test Booklet in the Box provided alongside. DO NOT write anything else on the Test Booklet.
4. YOU ARE REQUIRED TO FILL UP & DARKEN ROLL NO., TEST BOOKLET / QUESTION BOOKLET SERIES IN THE ANSWER SHEET AS WELL AS FILL UP TEST BOOKLET / QUESTION BOOKLET SERIES AND SERIAL NO. AND ANSWER SHEET SERIAL NO. IN THE ATTENDANCE SHEET CAREFULLY. WRONGLY FILLED UP ANSWER SHEETS ARE LIABLE FOR REJECTION AT THE RISK OF THE CANDIDATE.
5. This Test Booklet contains 100 items (questions). Each item (question) comprises four responses (answers). You have to select the correct response (answer) which you want to mark (darken) on the Answer Sheet. In case, you feel that there is more than one correct response (answer), you should mark (darken) the response (answer) which you consider the best. In any case, choose ONLY ONE response (answer) for each item (question).
6. You have to mark (darken) all your responses (answers) ONLY on the separate Answer Sheet provided by using BALL POINT PEN (BLUE OR BLACK). See instructions in the Answer Sheet.
7. All items (questions) carry equal marks. All items (questions) are compulsory. Your total marks will depend only on the number of correct responses (answers) marked by you in the Answer Sheet. There will be no negative marking for wrong response (answer).
8. Before you proceed to mark (darken) in the Answer Sheet the responses (answers) to various items (questions) in the Test Booklet, you have to fill in some particulars in the Answer Sheet as per the instructions sent to you with your Admission Certificate.
9. After you have completed filling in all your responses (answers) on the Answer Sheet and after conclusion of the examination, you should hand over to the Invigilator the Answer Sheet issued to you. You are allowed to take with you the candidate's copy / second page of the Answer Sheet along with the Test Booklet, after completion of the examination, for your reference.
10. Sheets for rough work are appended in the Test Booklet at the end.

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NF – 1A/13

(Turn over)

SEAL

1. Madhumeah is a type of :
 - (A) Vataj Pramah
 - (B) Pittaj Pramah
 - (C) Kaphaj Pramah
 - (D) Upadrava of Pramah
2. Aayatana is the synonym of :
 - (A) Vyadhi
 - (B) Dosha-Dushya
 - (C) Nidana
 - (D) Samprapti
3. Which Hiccough (Hikka) originate from the Umbilical Region ?
 - (A) Yamala
 - (B) Gambhira
 - (C) Annaja
 - (D) Mahati
4. Which symptom is not included in six cardinal features of Raj Yakshma ?
 - (A) Atisaar
 - (B) Jwara
 - (C) Swara Bheda
 - (D) Kasa
5. How many types of Kaphaj Krimi ?
 - (A) Seven
 - (B) Five
 - (C) Three
 - (D) Six
6. Which Ashmari (Calculus) is shaped like a Bhallatak Seed ?
 - (A) Vataja
 - (B) Pittaja
 - (C) Kaphaja
 - (D) Shukrashmari
7. "Chintyanam Chatichintanat" is a Nidana of which Srotodushti ?
 - (A) Medovaha
 - (B) Raktavaha
 - (C) Manovaha
 - (D) Rasavaha
8. In which Kushtha Lesion is thick like the skin of an Elephant ?
 - (A) Charmakushtha
 - (B) Charmadala
 - (C) Kakana
 - (D) Kitibha

9. Which is not involved in Vishrpa Samprapti ?
- (A) Mansa
(B) Lasika
(C) Rakta
(D) Rasa
10. "Kamamoola Sudarunah" is found as complication :
- (A) Starting of Sannipataja Jvara
(B) Last stage of Sannipataja Jvara
(C) Middle stage of Sannipataja Jvara
(D) None of these
11. "Paryushitam Mutram" is the symptom of :
- (A) Shukrameha
(B) Sandrameha
(C) Raktameha
(D) Sandraprasadmeha
12. "Shirasah Paripurnatvam" is the symptom of which disease (according to Charak Samhita) ?
- (A) Unmada
(B) Sannipataj Jvara
(C) Pratishyay
(D) Rajyakshma
13. "Viruddhanam Cha Sevanat" is a cause of Srotodushti :
- (A) Rasavaha
(B) Raktavaha
(C) Majjavaha
(D) Medavaha
14. Mahaguda is a type of :
- (A) Shleshmaja Krimi
(B) Purishaja Krimi
(C) Raktaja Krimi
(D) Malaja Krimi
15. The main cause (Mool Karan) of Aagantuja Unmad according to Bhagawan Punarvashu Atreya :
- (A) Asatmendriyartha Sanyoga
(B) Parinam
(C) Insulting of Daiva-Rishi-Guru etc.
(D) Pragyaparadha
16. In which of the following is not a Cardinal Sign of Inflammation ?
- (A) Dolor
(B) Tumor
(C) Fiver
(D) Rubor

17. Apoptosis is :
- (A) Cell Death due to an infection
(B) Programmed Cell Death
(C) An uncontrolled Cell Death
(D) A type of Gangrene
18. Widal Test is done for :
- (A) Typhoid
(B) Dengue
(C) Malaria
(D) Chikengunya
19. Rose Spots found in :
- (A) Typhoid
(B) Malaria
(C) Tuberculosis
(D) Dengue
20. The normal value of total Bilirubin is :
- (A) 0.1 to 0.4 Mg/Dl
(B) 0.3 to 1.3 Mg/Dl
(C) 1 to 3 Mg/Dl
(D) 0.2 to 2.5 Mg/Dl
21. Horse urine is used for the purification of :
- (A) Makshika
(B) Shilajatu
(C) Abhraka
(D) Vaikranta
22. Which Parada Sanskar is indicated for Chapalatva Dosha ?
- (A) Niyamana
(B) Norodha
(C) Madama
(D) Tiryak Paatana
23. Nepalak is a type of :
- (A) Rajata
(B) Shilajatu
(C) Tamra
(D) Louha
24. "Shukachanchunibha" (like a beak of parrot) is :
- (A) Swarna Gairik
(B) Gandhak
(C) Hartal
(D) Swarna Vanga
25. What is the use in Purification of Kasisa ?
- (A) Bringaraj Swarasa
(B) Lime Juice
(C) Gomutra
(D) Cow Milk

26. Nalika and Renuka are the types of :
- (A) Anjana
(B) Kankushtha
(C) Tuvani
(D) Gairika
27. Vaaritara is a feature of :
- (A) Mouktika (Pearl)
(B) Pravala
(C) Manikya (Ruby)
(D) Vajra (Diamond)
28. Which Ratna can be purified by Kulathi Kwath ?
- (A) Vajra
(B) Tarkshya
(C) Pushparaga
(D) Pravala
29. Kuntha and Kadara are also the types of :
- (A) Munda Louh
(B) Tikshna Louh
(C) Kanta Louh
(D) Purified Louh
30. Which is used for Shodhan of Ahifen (Opium) ?
- (A) Kanji
(B) Karela (Bitter Gourd)
(C) Gomutra (Cow Urine)
(D) Adarak (Zinger)
31. Dose of Madhu as Prakshyep in Swarasa is :
- (A) One Tola
(B) One Kola
(C) One Pala
(D) Masha
32. Which is not included in Mitra Panchak ?
- (A) Madhu (Honey)
(B) Go Ghrita
(C) Guda (Jaggery)
(D) Guggulu
33. What is the colour of Naga Bhasma ?
- (A) As like Paravata
(B) As like Jambhoo Phala
(C) Cheshtikaabham
(D) Krishna
34. What is the dose of Hirak Bhasma ?
- (A) $1/8 - 1/16$ Ratti
(B) $1/4 - 1/8$ Ratti
(C) $1/32 - 1/16$ Ratti
(D) $1/32 - 1/48$ Ratti

35. Which drug is not used in preparation of Kshaar Parpati ?
- (A) Gandhak
(B) Kalmishora
(C) Fitkari
(D) None of these
36. Which of the following is the Satva of Hingula ?
- (A) Gandhak
(B) Louha
(C) Parada
(D) Hartala
37. What is the ratio of water in Him Kalpana (Cold Infusion) ?
- (A) 6
(B) 4
(C) 8
(D) 2
38. What is the dose of Sandhana Kalpana ?
- (A) 1/2 Pala
(B) 2 Pala
(C) 4 Pala
(D) 1 Pala
39. How many amount of Dhanya use in process of Dhanya Abhrakaran according to Ras Tarangini ?
- (A) Equile
(B) 1/4th
(C) Double
(D) 1/2
40. "Gradhrakshi Tulyam Kuruteakshiyugmam....." is used for :
- (A) Parada
(B) Tamra
(C) Abhraka
(D) Gandhak
41. "Ksheermarkashya Vigyeyam....." ? according to Charak :
- (A) Vaman
(B) Virechan
(C) Vamanvirechan
(D) Shirovirechan
42. Bhumivalli is the synonym of :
- (A) Manjishtha
(B) Sariva
(C) Sanay
(D) Amrita

43. Jaatiphala belongs to :
- (A) Myristicaceae family
(B) Gramineae family
(C) Burseraceae family
(D) Malvaceae family
44. Kesh Hantri is the synonym of :
- (A) Ritha
(B) Bhrigraj
(C) Shami
(D) Punamava
45. According to Charak Samhita Ashoka is mentioned in which Mahakashaya ?
- (A) Shonit Sthapan
(B) Praja Sthapan
(C) Vedana Sthapan
(D) Vaya Sthapan
46. Haritaki is contraindicated for which Prakriti ?
- (A) Pittaja
(B) Kaphaja
(C) Vataja
(D) Sannipataja
47. According to Bhavprakash Manjishtha have :
- (A) Tikta Kashaya Rasa
(B) Madhura Tikta Kashaya Rasa
(C) Kashaya Tikta Katu Rasa
(D) Tikta Madhura Amla Rasa
48. Which plant is not included in Dashmoola ?
- (A) Mash Parni
(B) Shal Parni
(C) Kantakari
(D) Krishna Parni
49. Vajradruma is the synonym of :
- (A) Snoohi
(B) Kutaja
(C) Arka
(D) Langali
50. "Yasya Samvarne Shakti..." is :
- (A) Guru
(B) Manda
(C) Pichchhila
(D) Sthoola

51. Which is not a type of Haritaki ?
- (A) Amrita
(B) Pootana
(C) Jowanti
(D) Shreyashi
52. Which Rasa is not found in Rashona ?
- (A) Amla
(B) Madhura
(C) Lavana
(D) Kashaya
53. Vipaka of Bhallataka is :
- (A) Tikshna
(B) Amla
(C) Katu
(D) Madhura
54. Katu Vipaka not have :
- (A) Haritaki
(B) Marich
(C) Chitrak
(D) Pippali
55. How many Aahar Varga are mentioned in Charak Samhita ?
- (A) 11
- (B) 10
(C) 12
(D) 13
56. Main action of Kutaki is :
- (A) Bhedan
(B) Chhedan
(C) Mridu Virechak
(D) Ropana
57. "Aakash Guna Bhuyishtham....." is :
- (A) Lekhana
(B) Sanshanam
(C) Chhedana
(D) Pramathi
58. Deepan-Paachan is :
- (A) Chitraka
(B) Haritaki
(C) Aamalaki
(D) Maricha
59. How many Upa-Visha according to Bhavprakash ?
- (A) 5
(B) 7
(C) 9
(D) 11

60. Virya of Kutaki is :
- (A) Ushna
(B) Mrudu
(C) Sheeta
(D) Tikshana
61. "Purusha Sfutita Mlana....." are the symptoms of :
- (A) Rasa Kshaya
(B) Rakta Kshaya
(C) Mansa Kshaya
(D) Medo Kshaya
62. The main site of Sadhaka Pitta :
- (A) Yakrata
(B) Hridaya
(C) Pliha
(D) Aamashaya
63. What is normal value of Iron in Blood Plasma/Serum ?
- (A) 50 to 150 $\mu\text{gm/Dl}$
(B) 10 to 100 $\mu\text{gm/Dl}$
(C) 20 to 200 $\mu\text{gm/Dl}$
(D) 3.5 to 5.0 $\mu\text{gm/Dl}$
64. Plasma Cells are formed from :
- (A) Besophiles
(B) T-Lymphocytes
(C) Macrophages
(D) B-Lymphocytes
65. Right composition of Bile is :
- (A) Water – 99.6% and Solids – 0.4%
(B) Water – 94.6% and Solids – 5.4%
(C) Water – 97.6% and Solids – 2.4%
(D) Water – 92.6% and Solids – 7.4%
66. How many Mansa Mamma ?
- (A) 7
(B) 9
(C) 11
(D) 13
67. How many Kurcha according to Susruta Samhita ?
- (A) 6
(B) 8
(C) 7
(D) 9

68. Out of the following which is the Matraja Bhava ?
- (A) Dhamani
(B) Varna
(C) Hridaya
(D) Danta
69. Nerve Supply of Biceps Brachii :
- (A) Radial
(B) Ulnar
(C) Upper Subscapular
(D) Musculocutaneous
70. Out of following which is not a Carpal Bone ?
- (A) Triquetral
(B) Talas
(C) Trapezoid
(D) Trepazium
71. Which Vegadharana causes Baadhira ?
- (A) Ashru
(B) Jrambha
(C) Pipaasa
(D) Udgaar
72. Which Ritu is Pittaprapakopaka ?
- (A) Sarad
(B) Vasant
(C) Varsha
(D) Grishma
73. Which Dravya is contraindicated for daily use ?
- (A) Jangal Mansa
(B) Saindhav Lavana
(C) Yavak
(D) Yava
74. Apatarpan Janya Vyadhi is :
- (A) Paandu
(B) Shoph
(C) Hriday Vyadhi
(D) Kushtha
75. Svapna is the mentioned treatment of which type of Vegadharana ?
- (A) Ashru Nidra
(B) Ashru Shukra
(C) Nidra Shukra
(D) None of these

76. How many types of Dhatu Visha are described in Susruta Samhita ?
- (A) 10
(B) 5
(C) 8
(D) 2
77. How many types of Rajiman Sarpa (Snake) ?
- (A) 10
(B) 12
(C) 22
(D) 7
78. What is the treatment in second vega of the Darvikara Snake bite ?
- (A) Raktamokshan
(B) Vamana, Anjan, Nasya
(C) Madhu, Ghrita, Agad Pana
(D) Yavagupan, Virechan
79. How many Vrushchika (Scorpio) which have Tivra Visha ?
- (A) 15
(B) 12
(C) 3
(D) 17
80. How many types of Patra-Visha are described in Susruta Samhita ?
- (A) 12
(B) 17
(C) 10
(D) 5
81. Vyayam is contraindicated in which condition according to Astanga Hridaya ?
- (A) Kaphaj Rogi
(B) Vataja Rogi
(C) Pratishyaya Rogi
(D) Jvara Rogi
82. Ashvin and Kartka Month include in which Ritu (Season) ?
- (A) Hemant
(B) Shishir
(C) Sharad
(D) Vasanta
83. How many Adharaniya Vega indicated in Astanga Hridaya ?
- (A) 11
(B) 13
(C) 14
(D) 9

84. ".....Krumishophodararshsaam" is indicated for :
- (A) Goat Milk
(B) Camel Milk
(C) Cow Milk
(D) Elephant Milk
85. First indicated fruit in Phal Varga Ai Astanga Hridaya :
- (A) Dadhima
(B) Kharjoor
(C) Mocha Rasa
(D) Draksha
86. Whose meat is Tridosh Krata according to Astanga Hridaya ?
- (A) Rohit Fish
(B) Chilichim Fish
(C) Cow Meat
(D) Pig Meat
87. Katu Rasa is formed with the combination of :
- (A) Jala and Prithivi
(B) Agni and Jala
(C) Prithivi and Agni
(D) Agni and Vayu
88. Main function of Sweda Mala is indicated as :
- (A) Kleda Vidhtruti
(B) Kleda Vaahanam
(C) Avashtambhah
(D) Jeevan
89. Unmesh and Nimesh function is performed with the help of :
- (A) Udana Vayu
(B) Vyana Vayu
(C) Prana Vayu
(D) Aalochak Pitta
90. How many types of Shamana Chikitsa is described in Astanga Hridaya ?
- (A) 4
(B) 5
(C) 9
(D) 7

91. What is the best Pitta Shamaka Sneh ?
- (A) Sarpi
(B) Majja
(C) Vasa
(D) Taila
92. How many types of Anagneya Sveda are indicated in Astanga Hridaya ?
- (A) 4
(B) 9
(C) 10
(D) 13
93. How many types of Atidagdha indicated in Astanga Hridaya ?
- (A) Two
(B) Four
(C) Seven
(D) Three
94. What type of Shalaka should be used for Ropana Anjana according to Astanga Hridaya ?
- (A) Gild Shalaka
(B) Silver Shalaka
(C) Tamra Shalaka
(D) Kala Louha
95. Lenth of Dhoom Netra for Sneh Dhoompan :
- (A) Seven Ashtaka
(B) Three Ashtaka
(C) Four Ashtaka
(D) Five Ashtaka
96. Who is the writer of "Jalpakaalpa Taru" Tika ?
- (A) Yogendra Nath Sen
(B) Chakrapani Datta
(C) Gangadhar Rao
(D) Jaiijat
97. What was the time period of Madhav Kar ?
- (A) 700 Ad
(B) 200 Ad
(C) 800 BC
(D) 200 BC
98. Who was very first described about Snayuk Krimi ?
- (A) Vrinda
(B) Yogratnakar
(C) Madhav Kar
(D) Sharangadhar

99. Who was the President of "Dave Committee" ?

- (A) G. C. Pandit
- (B) Dayashankar
- (C) Mohan Lal
- (D) Sir Ram Nath

100. Who is the commentator of "Ayurved Dipika" ?

- (A) Chakrapani Datta
- (B) Rudra Bhatta
- (C) Both (A) and (B)
- (D) None of them

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