

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

Test Booklet Series

T. B. C. : AM – 1/19

A

TEST BOOKLET

AYURVEDIC MEDICAL OFFICER

Sl. No. 1425

PAPER – I

Time Allowed : 1½ Hours

Maximum Marks : 100

: INSTRUCTIONS TO CANDIDATES :

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS TEST BOOKLET DOES NOT HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET OF THE SAME SERIES ISSUED TO YOU.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES A, B, C OR D, AS THE CASE MAY BE, IN THE APPROPRIATE PLACE IN THE ANSWER SHEET USING BALL POINT PEN (BLUE OR BLACK).
3. You have to enter your **Roll No.** on the Test Booklet in the Box provided alongside. **DO NOT** write *anything else* on the Test Booklet.
4. YOU ARE REQUIRED TO FILL UP & DARKEN ROLL NO., TEST BOOKLET / QUESTION BOOKLET SERIES IN THE ANSWER SHEET AS WELL AS FILL UP TEST BOOKLET / QUESTION BOOKLET SERIES AND SERIAL NO. AND ANSWER SHEET SERIAL NO. IN THE ATTENDANCE SHEET CAREFULLY. WRONGLY FILLED UP ANSWER SHEETS ARE LIABLE FOR REJECTION AT THE RISK OF THE CANDIDATE.
5. This Test Booklet contains 100 items (questions). Each item (question) comprises four responses (answers). You have to select the correct response (answer) which you want to mark (darken) on the Answer Sheet. In case, you feel that there is more than one correct response (answer), you should mark (darken) the response (answer) which you consider the best. In any case, choose **ONLY ONE** response (answer) for each item (question).
6. You have to mark (darken) all your responses (answers) **ONLY** on the **separate Answer Sheet** provided by using **BALL POINT PEN (BLUE OR BLACK)**. See instructions in the Answer Sheet.
7. All items (questions) carry equal marks. All items (questions) are compulsory. Your total marks will depend only on the number of correct responses (answers) marked by you in the Answer Sheet. **There will be no negative markings for wrong answers.**
8. Before you proceed to mark (darken) in the Answer Sheet the responses to various items (questions) in the Test Booklet, you have to fill in some particulars in the Answer Sheet as per the instructions sent to you with your **Admission Certificate**.
9. After you have completed filling in all your responses (answers) on the Answer Sheet and after conclusion of the examination, you should hand over to the Invigilator the *Answer Sheet* issued to you. You are allowed to take with you the candidate's copy / second page of the Answer Sheet along with the **Test Booklet**, after completion of the examination, for your reference.
10. Sheets for rough work are appended in the Test Booklet at the end.

SEAL

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1. In which condition "Kussmauls Respiration" is found ?
 - (A) Bronchial Asthma
 - (B) Bronchiectasis
 - (C) Metabolic Acidosis
 - (D) None of these
2. Pittaj Arsha is of :
 - (A) Kareerpanashinibh
 - (B) Kadambpushpavat
 - (C) Shookjihvakriti
 - (D) Gunjabeej nibh
3. Types of 'Chaturthak Jwara' are :
 - (A) 2
 - (B) 3
 - (C) 4
 - (D) 5
4. Which of the following groups of diseases are hetu of each other ?
 - (A) Jwar, Raktapitta and Shwasa
 - (B) Arsh, Atishara and Grahani
 - (C) Kasa, Shwasa and Hikka
 - (D) Arsh, Grahani and Udar Rog
5. 'Virudhanam Cha Sevnat' is the causing factor of which srotodushti ?
 - (A) Annavaah
 - (B) Mansavaah
 - (C) Majjavah
 - (D) Pureeshvah
6. 'Hridayotkleda Kapha Praseko Dvaisho Ashane Chaiv' is the prodromal symptom (poorvarooopa) of :
 - (A) Hridaroga
 - (B) Chhardi
 - (C) Krimi
 - (D) Grahani
7. Bleeding time is :
 - (A) 2-5 seconds
 - (B) 2-5 minutes
 - (C) 14-15 seconds
 - (D) 7-8 minutes
8. Finger clubbing is found in :
 - (A) Liver abscess
 - (B) Pulmonary suppression
 - (C) Duodenal ulcer
 - (D) Typhoid

9. "Atipravritti and Vimargagaman Srotodushti" is found in which disease ?
- (A) Grahani
(B) Atisara
(C) Chhardi
(D) Vishuchika
10. "So alpraktoalpmedasko Nisaarah Shithalendriya" are the symptoms related to which disease ?
- (A) Atisara
(B) Rajyakshma
(C) Pandu
(D) Kamala
11. 'Vyabhichari Nidan' are called :
- (A) Sadhya Vyadhi Producing
(B) Anischit Vyadhi Producing
(C) Nischit Vyadhi Producing
(D) Delayed Vyadhi Producing
12. Aldehyde test is positive in :
- (A) Bronchiectasis
(B) Tuberculosis
(C) Kala azar
(D) Myeloid leukemia
13. Serum amylase is increased in :
- (A) Hepatitis
(B) Pancreatitis
(C) A + B
(D) Obstructive jaundice
14. "Dahaschikkanta" is the prodromal sign (poorvaroop) of :
- (A) Jwara
(B) Mootraghat
(C) Ashmari
(D) Prameha
15. Number of Swarbhedas according to Madhav Nidana is :
- (A) 6
(B) 7
(C) 3
(D) 4

16. Amavata can be compared with :
- (A) Osteoarthritis
(B) Gout
(C) Rheumatoid Arthritis
(D) None of these
17. How many types of 'Prasar of Doshas' are ?
- (A) 6
(B) 8
(C) 12
(D) 15
18. Pravahan is the treatment of Udavrata is :
- (A) Hetuvipreet
(B) Vyadhivipreet
(C) Vyadhivipreetarthikari
(D) Ubhayvipreet
19. 'Sankoch parvanaam stambho bhedoasthyanaam parvanamapi' is the sign of :
- (A) Vat sanchay
(B) Vat prakop
(C) Snayugat vat
(D) Asthigat vat
20. 'Adhistan' of 'Satat Jwar' is :
- (A) Ras dhatu
(B) Rakta dhatu
(C) Mansa dhatu
(D) Medo dhatu
21. Pancha Vata Niyamak is :
- (A) Rasa Sindur
(B) Mugdh Rasa
(C) Rasa Karpoor
(D) Parad
22. How many Durdhar doshas are in copper ?
- (A) 8
(B) 7
(C) 5
(D) 2
23. Yava is used in which form for the preparation of Sauveeraka ?
- (A) Satusha
(B) Nistusha
(C) Both of these
(D) None of these

24. The word Pogar is related to which metal (Loha) ?
- (A) Munda Loha
(B) Kanta Loha
(C) Mandur
(D) Teekshna Loha
25. Hingwadi tail is indicated in :
- (A) Kamagootha
(B) Karnapak
(C) Karnashoola
(D) Karnabadhriya
26. On which day of Kafaj Jwara beeipuradi kwath is given ?
- (A) 12th day
(B) 8th day
(C) 11th day
(D) 13th day
27. Druti of Ratna is preserved in which taila ?
- (A) Bhallatak Taila
(B) Tila Taila
(C) Kusumbh Taila
(D) Jyotishmati Taila
28. Chandrak Sankash is the satva of :
- (A) Abhrak
(B) Vaikranta
(C) Makshika
(D) Vimal
29. According to Sharngadhar Samhita Anupan of Narayan Churna in Udara roga is :
- (A) Badarambu
(B) Takra
(C) Aarnala
(D) Sura
30. Kar Pramanam Yannalam Pittaladivinirmitam, Vahno phut Kaardanaay _____ Taduchyate.
- (A) Kajjali
(B) Vanknal
(C) Kapot Put
(D) None of these

31. What is the dose of Rasa Pushpa in hikka ?

(A) 1 Ratti

(B) 1/4 Ratti

(C) 2 Ratti

(D) 1/8 Ratti

32. Quantity of 'Jeeraka' in decoction is :

(A) 1 Shan

(B) 2 Shan

(C) 1/2 Shan

(D) 1/4 Shan

33. According to Rasa Ratna, Samucchaya types of 'Chalani' are :

(A) 2

(B) 3

(C) 4

(D) 5

34. As per Sharangdhar Samhita

Kasisadi Ghrita should be kept in which vessel ?

(A) Iron Vessel

(B) Copper Vessel

(C) Wooden Vessel

(D) Zinc Vessel

35. Which yantra is used to prepare the Mriganka Rasa ?

(A) Baluka Yantra

(B) Lavan Yantra

(C) Bhasma Yantra

(D) Pataal Yantra

36. The dose of Sanjeevani Vati in snake bite is :

(A) 1-1 Vati

(B) 2-2 Vati

(C) 3-3 Vati

(D) 4-4 Vati

37. Rudra part is :

(A) 1/11

(B) 1/2

(C) 1/7

(D) 1/8

38. According to Sharangdhar Samhita shelf life of "Laghu Paki Aushadhi" is :
- (A) 6 months
(B) 1 year
(C) 1½ years
(D) 2 months
39. What is the name of the yellow bhasma of mercury ?
- (A) Ras Pushpa
(B) Makardhwaj
(C) Rasa Pushp
(D) Sarvang Sundar Ras
40. 'Baladhya Khil Rog Nut' is related to :
- (A) Rasa Sindura
(B) Mugha Rasa
(C) Parpati
(D) Karpura Rasa
41. 'Gupt-Sneha' is the synonym of :
- (A) Kapikacchu
(B) Karanj
(C) Danti
(D) Ankola
42. Family of 'Chinnaruha' is :
- (A) Euphorbiaceae
(B) Compositae
(C) Umbelliferae
(D) Menispermaceae
43. Part used of Kirat-Tikta is :
- (A) Resin
(B) Fruit
(C) Root
(D) Whole plant
44. Wild Indigo is :
- (A) Kapikacchu
(B) Sharpunkha
(C) Rohitak
(D) Kasani
45. Which one is included in the "Chaturbeej" ?
- (A) Embelia ribes
(B) Nigella Sativa
(C) Carum roxburghianum
(D) Dolichos biflorus

46. According to Bhav Prakash Best Karpura is :
- (A) Pakva
(B) Apakva
(C) Both (A) and (B)
(D) None of these
47. 'Shigrubeej' is known as :
- (A) Rakta maricha
(B) Sweta maricha
(C) Piper nigrum
(D) Jayaphala
48. Best example for chedana dravya as per Sharangadhara Samhita :
- (A) Piper nigrum
(B) Piper longum
(C) Terminalia chebula
(D) Terminalia arjuna
49. Uraria Picta is :
- (A) Shalparni
(B) Prishanparni
(C) Mudgaparni
(D) Mashaparni
50. 'Vihara Varga' and 'Nanartha Varga' is first given by :
- (A) Ashtang Nighantu
(B) Madanpal Nighantu
(C) Siddha Sara Nighantu
(D) Kaideva Nighantu
51. 'Akarakara' is first described by :
- (A) Bhava Prakash
(B) Sharangdhar
(C) Shaligram Nighantu
(D) Kaideva Nighantu
52. Picrocrocin is found in :
- (A) Withania Somnifera
(B) Thevitia nerifolia
(C) Crocus Sativus
(D) Ranunculus scleratus
53. Which species of "Haritaki" is "Sarvaroghara" ?
- (A) Vijaya
(B) Rohini
(C) Amrita
(D) Abhaya

54. Haritaki, Sunthi and Guda is : (C) Lavana
 (A) Trimada (D) Amla
 (B) Trisama
 (C) Triguda
 (D) Trikarshika
55. Which of the following is not the member of Combretaceae family ?
 (A) Haritaki
 (B) Bibhitak
 (C) Amlaki
 (D) Arjuna
56. Writer of Nighantu-Aadarsh is :
 (A) Datta Ram Chaubey
 (B) Bapalal Vaidhya
 (C) Yadavji Trikamji
 (D) Vishu Godbole
57. Rasa present in "Rasona" leaf is :
 (A) Madhur
 (B) Tikta
58. 'Shweta' and 'Rakta' are the types of:
 (A) Chitraka
 (B) Eranda
 (C) Punamava
 (D) All of these
59. 'Mahabhoot' predominance in 'Sandra Guna' is :
 (A) Prithvi
 (B) Jala
 (C) Vayu
 (D) Agni
60. Number of Veerya according to Nimi is :
 (A) 10
 (B) 11
 (C) 8
 (D) 15

61. 'Shareeropchaya bal varnah stithi
hanichac rasa jani' is related to
which bhava ?

- (A) Atmaj Bhava
- (B) Satmyaj Bhav
- (C) Satvaj Bhav
- (D) Rasaj Bhava

62. In which Kriya Kaal "Dosh dushya
Sammoorchana" takes place ?

- (A) Vyaktavastha
- (B) Sthan Sanshraya
- (C) Prasar
- (D) Prakop

63. Twak and Vasa are the upadhatus
of:

- (A) Medo dhatu
- (B) Majja dhatu
- (C) Mamsa dhatu
- (D) Majja and Mamsa dhatu

64. Jagratad Nimeelyati Swapansch
Nimilyati' is related to :

- (A) Man

(B) Aatma

(C) Hridaya

(D) Srotas

65. Ojas and Sadhak pitta are one and
the same as per :

(A) Hemadri

(B) Arunadatta

(C) Chakrapani Datti

(D) Dalhanacharya

66. Number of Kurchas in Medhra ?

(A) 1

(B) 2

(C) 6

(D) 3

67. Number of Dhamanies as per
Sushruta is :

(A) 22

(B) 23

(C) 24

(D) 26

68. Sadhyopranahara marmabhighata leads to death within :
- (A) 7 days
(B) 21 days
(C) 1 month
(D) 15 days
69. Number of 'Tiryak Dhamanis' according to Sushruta are :
- (A) 24
(B) 10
(C) 6
(D) 4
70. "Musician Nerve" is :
- (A) Ulnar Nerve
(B) Radial Nerve
(C) Median Nerve
(D) Axillary Nerve
71. 'Prayogik Dhoomrapana' should be done by which route ?
- (A) Mouth
(B) Nose
(C) Both (A) and (B)
(D) None of these
72. Incubation period of influenza is :
- (A) 18-20 hours
(B) 18-72 hours
(C) 6-8 hours
(D) 6-15 hours
73. What is the earliest clinical sign of Vit. A deficiency ?
- (A) Conjunctival xerosis
(B) Corneal xerosis
(C) Bitot's spots
(D) Keratomalacia
74. Statement 'Yogah Chitta Vritti Nirodha' is stated by :
- (A) Srikrishna
(B) Gharand Samhita
(C) Patanjali
(D) Panini
75. 'Salk Vaccine' is :
- (A) Live Vaccine
(B) Live attenuated Vaccine
(C) Killed Vaccine
(D) Toxoid

76. In which vega of poisoning severe diarrhoea occurs ?

- (A) 4th
- (B) 5th
- (C) 6th
- (D) 7th

77. Symptom of 'Dhatura' poisoning is :

- (A) Pinpoint pupil
- (B) Dilated pupil with facial flush
- (C) Dilated salivary gland
- (D) Decreased temperature

78. 'Phenodgama' is the symptom of which poisoning ?

- (A) Ksheer
- (B) Tvak
- (C) Saar
- (D) Niryasa

79. Vaikaranj Snake is :

- (A) Gonas
- (B) Trinshoshak
- (C) Shookpatra
- (D) Makuli

80. Universal Antidote is :

- (A) 2 parts Charcoal + 1 part MgO + 1 part Tannic acid
- (B) 1 part Charcoal + 1 part MgO + 1 part Tannic acid
- (C) 2 parts Charcoal + 1 part MgO + 1/2 Tannic acid
- (D) None of these

81. According to 'Vagbhata' which 'guna' is similar in both avikrit vat and avikrit pitta ?

- (A) Sar
- (B) Laghu
- (C) Sukshma
- (D) Chal

82. Which type of 'Pratyanjana' should be used after the use of tikshanjan ?

- (A) Him
- (B) Ushna
- (C) Manda
- (D) Laghu

83. According to Vagabhatta, Colour of 'Oja' is :
- (A) Madhuvarni
(B) Ghritvarni
(C) Ishat Lohitpeetkam
(D) Lajvarni
84. According to Ashant Hridaya Jangal Mansarasa is :
- (A) Baddhamal Karak
(B) Srishtamal Karak
(C) Ushnavirya
(D) Ushnavirya and Rechak
85. "Shirah Shraavan Padeshu Tam Visheshena Sheelyeta" this statement of 'Vagabhatta' is related to :
- (A) Tailabhyanga
(B) Parisheka
(C) Lepa
(D) Pradeha
86. Which of the following is the characteristic of 'Dhamnigat Shalya' ?
- (A) Swakarma Gunahani
(B) AatopAanah
(C) Saphena Vayu Yukta Rakta Pravritti
(D) All of these
87. Which of the following is the length of 'Uttar Basti Yantra' for females according to Vagabhatta ?
- (A) 12 Angula
(B) 10 Angula
(C) 8 Angula
(D) 5 Angula
88. According to Ashtang Hridaya which of the following is not included for the 'Chikitsa Upakrama' of Vata ?
- (A) Veshtan
(B) Vitrasana
(C) Mridu Sanshodhana
(D) Nasya
89. According to Vagabhatta application of Kshara is contraindicated in :
- (A) Sira
(B) Snayu
(C) Tarunasthi
(D) All of these

90. Ten, Eight and Six are the quantity (matra) of which Kalpana ?
- (A) Nasya
(B) Karnapurana
(C) Tarpan
(D) None of these
91. According to Astanga Hridaya in a healthy person Kama Purana is to be done for the duration of :
- (A) 200 Matra Kala
(B) 400 Matra Kala
(C) 100 Matra Kala
(D) None of these
92. Doshā Kadachit Kupyanti Jita Langhan Pachneh' is the reference of :
- (A) Ashtang Hridaya Sutra Sthan-2
(B) Ashtang Hridaya Sutra Sthan-4
(C) Ashtang Hridaya Sutra Sthan-3
(D) Ashtang Hridaya Sutra Sthan-5
93. 'Vishaantardaha Pittanut' is related to which gana ?
- (A) Anjanadi
(B) Sarivadi
(C) Padmakadi
(D) Guduchyadi
94. Which vessel should be used for the testing of "Gang Jala" ?
- (A) Gold vessel
(B) Silver vessel
(C) Copper vessel
(D) Iron vessel
95. 'Manyastambha' occurs due to the retention of which vegas ?
- (A) Tear and sneeze
(B) Sneeze and hunger
(C) Tear and hunger
(D) Hunger and sleep
96. Write of 'Ashtang Rasayan' is :
- (A) Nischalkar
(B) Hemadri
(C) Keshav
(D) Aashadhar

97. Period of Bhav Prakash is :

- (A) 14th century
- (B) 13th century
- (C) 19th century
- (D) 16th century

98. First commentary on 'Charak' is :

- (A) Charak Panjika
- (B) Ayurveda Deepika
- (C) Jalp Kalp Taru
- (D) Charak Nyas

99. Pathyapathya vibhodaka was written by :

- (A) Narahari
- (B) Kaiyadeva
- (C) Thakur Balwant Singh
- (D) None of these

100. Satasluki was written by :

- (A) Bhava Misra
- (B) Bopadeva
- (C) Gangadhar Sen
- (D) Rudra Bhatt



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