

**DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO**

Test Booklet Series

T. B. C. : AM – 2/19

**A**

**TEST BOOKLET**

AYURVEDIC MEDICAL OFFICER

Sl. No. 2197

PAPER – II

Time Allowed : 1½ Hours

Maximum Marks : 100

**: INSTRUCTIONS TO CANDIDATES :**

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS TEST BOOKLET DOES NOT HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET OF THE SAME SERIES ISSUED TO YOU.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES A, B, C OR D, AS THE CASE MAY BE, IN THE APPROPRIATE PLACE IN THE ANSWER SHEET USING BALL POINT PEN (BLUE OR BLACK).
3. You have to enter your **Roll No.** on the Test Booklet in the Box provided alongside. **DO NOT** write *anything else* on the Test Booklet.
4. YOU ARE REQUIRED TO FILL UP & DARKEN ROLL NO., TEST BOOKLET / QUESTION BOOKLET SERIES IN THE ANSWER SHEET AS WELL AS FILL UP TEST BOOKLET / QUESTION BOOKLET SERIES AND SERIAL NO. AND ANSWER SHEET SERIAL NO. IN THE ATTENDANCE SHEET CAREFULLY. WRONGLY FILLED UP ANSWER SHEETS ARE LIABLE FOR REJECTION AT THE RISK OF THE CANDIDATE.
5. This Test Booklet contains 100 items (questions). Each item (question) comprises four responses (answers). You have to select the correct response (answer) which you want to mark (darken) on the Answer Sheet. In case, you feel that there is more than one correct response (answer), you should mark (darken) the response (answer) which you consider the best. In any case, choose **ONLY ONE** response (answer) for each item (question).
6. You have to mark (darken) all your responses (answers) **ONLY** on the **separate Answer Sheet** provided by using **BALL POINT PEN (BLUE OR BLACK)**. See instructions in the Answer Sheet.
7. All items (questions) carry equal marks. All items (questions) are compulsory. Your total marks will depend only on the number of correct responses (answers) marked by you in the Answer Sheet. **There will be no negative markings for wrong answers.**
8. Before you proceed to mark (darken) in the Answer Sheet the responses to various items (questions) in the Test Booklet, you have to fill in some particulars in the Answer Sheet as per the instructions sent to you with your **Admission Certificate**.
9. After you have completed filling in all your responses (answers) on the Answer Sheet and after conclusion of the examination, you should hand over to the Invigilator the *Answer Sheet* issued to you. You are allowed to take with you the candidate's copy / second page of the Answer Sheet along with the **Text Booklet**, after completion of the examination, for your reference.
10. Sheets for rough work are appended in the Test Booklet at the end.

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SEAL

1. Number of Yonivyapads according to Charaka is :
  - (A) 18
  - (B) 20
  - (C) 36
  - (D) 80
2. Commentary written by Jejjeta on Charaka Samhita is :
  - (A) Tatva Dipika
  - (B) Tatva Chandrika
  - (C) Nirantarapada Vyakhya
  - (D) Panjika
3. In which disease Charaka indicates abhyanga with pinda taila ?
  - (A) Vatarakta
  - (B) Amavata
  - (C) Sandhivata
  - (D) Sandhigatjwara
4. Choice of drug for Kasa, Swasa and Hikka roga according to Charaka is :
  - (A) Ananta mula
  - (B) Phalgu mula
  - (C) Puskara mula
  - (D) Aragwada mula
5. These are called Trisutra :
  - (A) Sattwa, Atma, Sarira
  - (B) Prana, Dana, Paraloka
  - (C) Hetu, Linga, Aushadha
  - (D) Vata, Pitta, Kapha
6. Number of Dashemani groups according to Charaka Samhita is :
  - (A) 10
  - (B) 25
  - (C) 50
  - (D) 155
7. Types of Udavarta according to Charaka is :
  - (A) 4
  - (B) 5
  - (C) 6
  - (D) 7

8. Characteristic gandh of the ojus according to Charaka is :  
 (A) Lajagandh  
 (B) Visragandh  
 (C) Madhu  
 (D) None of these
9. Which chapters are included in Aushadha Chatushka of Charaka Samhita ?  
 (A) Ch. Su. 1 – 4  
 (B) Ch. Su. 5 – 8  
 (C) Ch. Su. 9 – 12  
 (D) Ch. Su. 16 – 20
10. Charaka has mentioned Arjuna in which Mahakashaya ?  
 (A) Hridya  
 (B) Udarda Prashmana  
 (C) Mutra Sangrahniya  
 (D) Shoola Prashmana
11. Number of Tattvas according to Charaka is :  
 (A) 6
- (B) 22  
 (C) 25  
 (D) 36
12. Updha is the synonym of :  
 (A) Moksha  
 (B) Aasan  
 (C) Bhallataka  
 (D) Trisna
13. Name given to shadpadarthas in ayurveda :  
 (A) Kaarana  
 (B) Karya  
 (C) Padartha  
 (D) Pramana
14. According to Charaka, Pramana of Masthiska is :  
 (A)  $\frac{1}{2}$  Anjali  
 (B) 1 Anjali  
 (C)  $1\frac{1}{2}$  Anjali  
 (D) 2 Anjali

15. According to Charaka roots are collected during :
- (A) Varsha Kala  
(B) Hernanta Kala  
(C) Vasantha Kala  
(D) Greeshma
16. As per Charaka Samhita Gandupada Akrti Krimi is a type of :
- (A) Shleshmaja Krimi  
(B) Raktaja Krimi  
(C) Purishaja Krimi  
(D) Bahya Krimi
17. Lashuna Kshirapaka is specifically indicated in which disease by Charaka ?
- (A) Apasmara  
(B) Unmada  
(C) Gulma  
(D) Pakshavadha
18. Specific place of pitta according to Charaka is :
- (A) Amashaya  
(B) Grahani  
(C) Pakwashaya  
(D) Yakrit
19. According to Charaka we should protect after Raktamokshana :
- (A) Vayu  
(B) Agni  
(C) Rasa  
(D) Dhatu
20. How many Sambhasha Parishada are quoted in Charaka Samhita ?
- (A) 7  
(B) 16  
(C) 18  
(D) 80
21. Plihavridhi is the symptom of :
- (A) Rasa kshaya  
(B) Rakta kshaya  
(C) Mamsa kshaya  
(D) Meda kshaya

22. The term silent killer is commonly used for :
- (A) Diabetes  
(B) Malignancy  
(C) Essential Hypertension  
(D) None of these
23. Malignant Malaria is caused by :
- (A) Plasmodium malariae  
(B) Plasmodium vivax  
(C) Plasmodium falciparum  
(D) None of these
24. 'Sunaksikuta' is the symptom of :
- (A) Sotha  
(B) Udara roga  
(C) Amavata  
(D) Pandu
25. Indication of Raskarpura mentioned in :
- (A) Yoni kandu  
(B) Asrgdara  
(C) Soma roga  
(D) Phiranga roga
26. Treatment of Rasapradoshaja Vikara is :
- (A) Langhana  
(B) Vaman  
(C) Amadosha chikitsa  
(D) All of these
27. Uttana and Gambhira is the two stages of the following disease :
- (A) Urustamisha  
(B) Vatarakta  
(C) Kushtha  
(D) Pakshaghata
28. Sannipataja mutra kricchra is :
- (A) Sukhasadhya  
(B) Sadhya  
(C) Kricchra sadhya  
(D) Asadhya
29. Sarpi guda is useful in this disease :
- (A) Sotha  
(B) Grahani  
(C) Urakshata  
(D) All of these

30. Takra is used in :
- (A) Vatapitta roga  
(B) Vatakapha roga  
(C) Pittakapha roga  
(D) Kapha roga
31. Rajyakshma is the symptom of :
- (A) Vataja gulma  
(B) Pittaja gulma  
(C) Kaphaja gulma  
(D) Sannipataja gulma
32. Shape of pittaja ashmari is :
- (A) Kukakutanad sam  
(B) Kadambhpushpavat  
(C) Bhallatakasthi nibham  
(D) None of these
33. Langhana langhanapachana and doshavasechana are the bhedas of :
- (A) Shodhana  
(B) Shamana  
(C) Santarpana  
(D) Apatarpana
34. Kriya kala in which the Dosha Dushya Sammurchana occurs :
- (A) Sanchay  
(B) Sthana Samshraya  
(C) Prasara  
(D) Vyakti
35. Sakti utksepa nigraha is the feature of :
- (A) Sandhigata Vata  
(B) Pangu  
(C) Urusthambha  
(D) Gridhrasi
36. Sthana-Sansthana-Ruja vikalpam is the symptom of :
- (A) Vatika Grahani  
(B) Vatika Gulma  
(C) Vatika Arsha  
(D) Vatika Jvara
37. Which of the following type of Jvara causes Prakopa of all the three Dosha ?
- (A) Kamaja  
(B) Krodhaja  
(C) Bhayaja  
(D) Bhutabhishanga

38. Site of Murphy's sign is :
- (A) Rt. Hypochondrium  
(B) Lt. Hypochondrium  
(C) Epigastrium  
(D) Umbilicus
39. The application of upanaha in paittika sotha is :
- (A) Hetu-viparitarthkari upasaya  
(B) Anupasaya  
(C) Ubhaya viparitarthkari upasaya  
(D) Vyadhi viparitarthkari upasaya
40. Disease in which appearance like hanging mushka formed on the throat is known as :
- (A) Gandmala  
(B) Galaganda  
(C) Apachi  
(D) Arbuda
41. The taila used in Bhagnas :
- (A) Laksha taila  
(B) Bala taila  
(C) Ksirabala taila  
(D) Gandha taila
42. Reactionary Haemorrhage is seen :
- (A) After more than 10 days  
(B) Within 12 hours of operation  
(C) After more than one month  
(D) After more than one year
43. Lakshana of dhamanigat salya is :
- (A) Swakarma gunahani  
(B) Atopa-anaha  
(C) Saphena vayuyukta rakta pravrti  
(D) All of these
44. Parivrittanabhi is one of the characteristic feature of the following disease :
- (A) Anaha  
(B) Pittodara  
(C) Sthaulya  
(D) Jalodara

45. Siravyadha is contraindicated in :  
 (A) Kroshtukasirsha  
 (B) Vriddhi  
 (C) Galaganda  
 (D) Gridhrasi
46. Karapatrasastra in modern surgery can be taken as :  
 (A) Knife  
 (B) Finger Knife  
 (C) Scalpel  
 (D) Saw
47. Number of Doshaja vrana according to Charaka is :  
 (A) 16  
 (B) 20  
 (C) 32  
 (D) 36
48. Agnikarma is contraindicated in :  
 (A) Ushtragriva  
 (B) Sataponaka  
 (C) Parisravi  
 (D) None of these
49. Total number of Vrana upakrama according to Charaka is :  
 (A) 16  
 (B) 36  
 (C) 60  
 (D) 66
50. Asadhya savisha jalouka is :  
 (A) Indrayudha  
 (B) Savarika  
 (C) Pundarika  
 (D) Shankamukhi
51. Kapata shayana as a method of treatment is mentioned in the treatment of :  
 (A) Sirakapalasthi bhagna  
 (B) Parshukasthi bhagna  
 (C) Anguli bhagna  
 (D) Urvasthi bhagna



52. One among the following is NOT a vranavasthu according to Sushruta :
- (A) Marma  
(B) Koshtha  
(C) Twak  
(D) None of these
53. Recommended Shastra dhara for chedanakarma is :
- (A) Kaishiki  
(B) Ardha Kaishiki  
(C) Masuri  
(D) Ardha Masuri
54. Mc.Burney's tenderness is present in :
- (A) Gastritis  
(B) Cholecystitis  
(C) Pancreatitis  
(D) Appendicitis
55. Dumping syndrome is a complication of :
- (A) Gastrojejunostomy  
(B) Appendicetomy  
(C) Oophorectomy  
(D) Cholecystectomy
56. Most sensitive part of retina is :
- (A) Blind spot  
(B) Optic disc  
(C) Fovea centralis  
(D) None of these
57. Tamra Varna linings are found in :
- (A) Puyalas  
(B) Shushkakhsipaka  
(C) Sirotpat  
(D) Amladhyusit
58. Madhyama matra of Marsanasya :
- (A) 2 drops  
(B) 4 drops  
(C) 8 drops  
(D) 16 drops
59. Number of Patalas in the eye :
- (A) 4  
(B) 2  
(C) 5  
(D) 6

60. Number of Karna rogas according to Sushruta is :
- (A) 24  
(B) 28  
(C) 32  
(D) 76
61. Site of Galasundika :
- (A) Gala  
(B) Jihva  
(C) Dantamula  
(D) None of these
62. Darunaka is compared with this disease :
- (A) Alopecia  
(B) Leprosy  
(C) Dandruff  
(D) None of these
63. Naktandhata is found in :
- (A) Dhumradarsi  
(B) Pitta vidagdha drishti  
(C) Kapha vidagdha drishti  
(D) None of these
64. Upakusa is the disease related to :
- (A) Nasa  
(B) Talu  
(C) Danta  
(D) Dantamula
65. Rapid growth is the characteristic feature of this Cataract :
- (A) Cortical  
(B) Senile  
(C) Capsular  
(D) Traumatic
66. The dosa predominant in all yoni vyapada as / are :
- (A) Kapha  
(B) Pitta  
(C) Vata  
(D) All of these
67. Makkala shula occurs during :
- (A) Pregnancy  
(B) Menarche  
(C) Menopause  
(D) Perpeurial period

68. Arkadivarti is indicated in :

- (A) Raktagulma
- (B) Pariplutha yoni
- (C) Udavarta
- (D) Kaphaja yoni

69. Pramana of artava is :

- (A) 2 Anjalis
- (B) 4 Anjalis
- (C) 8 Anjalis
- (D) 16 Anjalis

70. Garbhasaya Akriithi is compared with :

- (A) Chilichima Matsya
- (B) Rohita Matsya
- (C) Gostan
- (D) Gojihva

71. The Pramana of pushpanethra of uttarabasti in females according to Charaka is :

- (A) 6 Angula
- (B) 10 Angula
- (C) 12 Angula
- (D) 16 Angula

72. Robert's sign means :

- (A) Pregnancy
- (B) Neonatal Asphexia
- (C) A stage of labour
- (D) Intra-uterine death

73. According to Sushruta main symptom of Arajaska is :

- (A) Atyartava
- (B) Kashtartava
- (C) Artavakshya
- (D) Artavaadarsana

74. Gartner's duct is found in :

- (A) Wall of vagina
- (B) Wall of cervix
- (C) Isthmus
- (D) Uterus

75. Ritukala according to Sushruta is :

- (A) 3 days
- (B) 10 days
- (C) 12 days
- (D) 16 days

76. BCG is given against :
- (A) Chicken pox  
(B) Leprosy  
(C) Meningitis  
(D) Tuberculosis
77. Manifestation of Budhi takes place during this month :
- (A) 2nd  
(B) 4th  
(C) 6th  
(D) 7th
78. Dantaroga aushadha in children is :
- (A) Meshshringi  
(B) Neem  
(C) Bakul  
(D) Karkatshringi
79. Treatment of Kukunak roga is :
- (A) Pratisarana  
(B) Snehana  
(C) Vamana  
(D) Virechana
80. Craniotabes is seen in :
- (A) Hydrocephalus  
(B) Rickets  
(C) Cephalhaematoma  
(D) None of these
81. Head control is achieved by the normal infant at the age of :
- (A) 1st month  
(B) 3rd month  
(C) 4th month  
(D) 6th month
82. What type of Dhatri milk is considered good ?
- (A) Which mix with water  
(B) Which sinks in water  
(C) Which floats on water  
(D) Which is Phenila
83. According Sushruta 'Vihangdandhi' is a lakshana of which Graha ?
- (A) Skanda  
(B) Revati  
(C) Putana  
(D) Shakuni

84. According to WHO, the baby may be classified as a low birth weight if the weight is less than :
- (A) 3 kg  
(B) 2.5 kg  
(C) 2 kg  
(D) 1.5 kg
85. Shishu Bhaishajya is the synonym of :
- (A) Patha  
(B) Vasa  
(C) Ativisha  
(D) Guduchi
86. Kapha should be removed by vamana in :
- (A) Varsha  
(B) Sarad  
(C) Vasanta  
(D) Grishma
87. Anuvasana basti given in yogabasti are :
- (A) 5  
(B) 8  
(C) 14  
(D) 16
88. Piccha basti is not specifically mentioned in :
- (A) Atisara  
(B) Arsha  
(C) Grahani roga  
(D) Pravahika
89. Anupana for Vasaa according to Charaka is :
- (A) Peya  
(B) Yusha  
(C) Ushna Jala  
(D) Manda
90. Number of Vegas in Pradhanasuddhi of Virechana is :
- (A) 8  
(B) 10  
(C) 24  
(D) 30
91. The number of Bastis in Karmabasti is :
- (A) 8  
(B) 16  
(C) 25  
(D) 30

92. Order of dosha expulsion in vamana is :
- (A) Vitpittakapha  
(B) Pittavitkapha  
(C) Anilvitpitta  
(D) Kaphapittanila
93. Which vasthi is given in Hālimaka Roga ?
- (A) Yapana  
(B) Ksheer  
(C) Anuvasana  
(D) All of these
94. Madankalpa yogas explained by Charaka are :
- (A) 1  
(B) 137  
(C) 245  
(D) 355
95. According to Sushrut, Swedana explained in the chikitsa of Pakshaghata is :
- (A) Parisheka  
(B) Shashtika shali pinda  
(C) Nadi  
(D) Salvana upanaha
96. Length of the bastinetra of Uttarbasti yantra used in ladies is :
- (A) Five angulas  
(B) Ten angulas  
(C) Eighteen angulas  
(D) Twenty angulas
97. How many Asthapanas Basti are given in kala basti schedule ?
- (A) 10  
(B) 12  
(C) 14  
(D) 16
98. Anuvasana vasti is contraindicated :
- (A) Pandu roga  
(B) Prameha roga  
(C) Abhuktawat  
(D) All of these

99. Quantity of Kwath pana for Vamana  
according to Sharangdhara is :

- (A) 9 tola
- (B) 9 pala
- (C) 9 prastha
- (D) 6 anjali

100. According to Charaka vasthi netra  
doshas include :

- (A) Atimrudu
- (B) Jalayukta
- (C) Atisthula
- (D) Vatala



SPACE FOR ROUGH WORK

SEAL

DT - 2A/8 (300)

( 16 )

Ayurvedic Medical Officer  
(Paper--II)