

**DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO**

T. B. C. : AM – I

Test Booklet Series

Serial No.

1060

**D**

**TEST BOOKLET**  
**AYURVEDIC MEDICAL OFFICER**  
**PAPER – I**

**Time Allowed : 1½ Hours**

**Maximum Marks : 100**

**: INSTRUCTIONS TO CANDIDATES :**

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS TEST BOOKLET **DOES NOT** HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET OF THE SAME SERIES ISSUED TO YOU.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES **A, B, C** OR **D**, AS THE CASE MAY BE, IN THE APPROPRIATE PLACE IN THE ANSWER SHEET USING BALL POINT PEN (BLUE OR BLACK).
3. You have to enter your **Roll No.** on the Test Booklet in the Box provided alongside. **DO NOT** write *anything else* on the Test Booklet.
4. This Test Booklet contains **100** items (questions). Each item (question) comprises four responses (answers). You have to select the correct response (answer) which you want to mark (darken) on the Answer Sheet. In case, you feel that there is more than one correct response (answer), you should mark (darken) the response (answer) which you consider the best. In any case, choose **ONLY ONE** response (answer) for each item (question).
5. You have to mark (darken) all your responses (answers) **ONLY** on the **separate Answer Sheet** provided, by using **BALL POINT PEN (BLUE OR BLACK)**. See instructions in the Answer Sheet.
6. All items (questions) carry equal marks. All items (questions) are compulsory. Your total marks will depend only on the number of correct responses (answers) marked by you in the Answer Sheet. **There will be negative markings for wrong answers.** 25 percent of marks allotted to a particular item (question) will be deducted as negative marking for every wrong response (answer).
7. Before you proceed to mark (darken) in the Answer Sheet the responses to various items (questions) in the Test Booklet, you have to fill in some particulars in the Answer Sheet as per the instructions sent to you with your **Admission Certificate**.
8. After you have completed filling in all your responses (answers) on the Answer Sheet and after conclusion of the examination, you should hand over to the Invigilator the *Answer Sheet* issued to you. You are allowed to take with you the candidate's copy/second page of the Answer Sheet along with the *Test Booklet* after completion of the examination for your reference.

**DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO**

1. Which of the following is vata hara drug ?  
 (A) Jambu  
 (B) Mudga  
 (C) Bala  
 (D) Yasti madhu
2. Cassia fistula is the botanical name of :  
 (A) Mudga phala  
 (B) Tala phala  
 (C) Deergha phala  
 (D) Maha phala
3. 'Ratti' is :  
 (A) Crocus Sativum  
 (B) Abrous Precatorius  
 (C) Abutilan Indicum  
 (D) Crocus Nucifera
4. The substitute for meda and mahameda is :  
 (A) Varahi Kanda  
 (B) Ashwagandha  
 (C) Vidari  
 (D) Vari
5. Codein extracted part of :  
 (A) Cannabis  
 (B) Cinchona  
 (C) Opium  
 (D) None of these
6. Panchabhuta compensation of vamaana dravya :  
 (A) Pritvi and Teja  
 (B) Vayu and Teja  
 (C) Pritvi and Jala  
 (D) Jala and Vayu
7. The period of Bhava Prakash is :  
 (A) 11<sup>th</sup> Century AD  
 (B) 13<sup>th</sup> Century AD  
 (C) 14<sup>th</sup> Century AD  
 (D) 16<sup>th</sup> Century AD
8. Priya Nighantu is written by :  
 (A) Harana Chandra  
 (B) Gangadhar Ray  
 (C) P. V. Sharma  
 (D) Jyoti Chandra Saraswathy
9. TKDL is dealing with :  
 (A) Patents  
 (B) Export  
 (C) Import  
 (D) Educate people
10. 'Hridayanam' is :  
 (A) Arjun  
 (B) Amalaki  
 (C) Pathya  
 (D) Patha
11. Which of the following drug is contra-indicated in Dadru ?  
 (A) Suran kanda

- (B) Vidari kanda  
(C) Katphal  
(D) Varahi kanda
12. The rasa of Bringa raja is :  
(A) Katu  
(B) Tikta  
(C) Kashaya  
(D) Madhura
13. According to Charaka the best drug in mutrakrichra is :  
(A) Punarnava  
(B) Gokshura  
(C) Veerana  
(D) Chandan
14. Picrocrocin is found in :  
(A) Naga Kesar  
(B) Kesar  
(C) Kutki  
(D) None of these
15. Which of the following drug is not related with chaturbhadra group ?  
(A) Ativisha  
(B) Musta  
(C) Guduchi  
(D) Usheera
16. The useful part of Latakasturi is :  
(A) Stem  
(B) Root  
(C) Leaf  
(D) Seed
17. The word phala pippali is related to :  
(A) Kutaja Phala  
(B) Madhana Phala  
(C) Bilva Phala  
(D) None of these
18. "Golden thread root" is :  
(A) Vriddadaru  
(B) Mameera  
(C) Raja bala  
(D) Musta
19. Bhag (Cannabis sativa) is first described by :  
(A) Sharangadhara Samhita  
(B) Bhava Prakash  
(C) Priya Nighantu  
(D) Astanga Sangraha
20. The drug Bhumyamalaki is useful in :  
(A) Hridroga  
(B) Jalodara  
(C) Yakrit disorders  
(D) Vrikkaroga
21. "Khatika" is one of the ingredient in :  
(A) Mugdha Rasa, Agnimrittika and Panchamrittika  
(B) Vahnimritsna, Panka Parpati and Sudhanidhi Rasa  
(C) Mugdha Rasa, Toyamrittika and Varnamrittika  
(D) Mugdha Rasa, Sudha Parpati and Sweta Gandhak Druti

22. "Sristhaloha Vinashini" is the term used for :
- (A) Garakosthi  
(B) Angarakosthi  
(C) Patalakosthi  
(D) Angaradhanika
23. The proportion of "Ghee" in "Dasangalepa" (according to Sarangadhar Samhita) is :
- (A) 1/10  
(B) 1/5  
(C) 1/8  
(D) 1/4
24. The Musha useful in the preparation of "Chakribaddha Rasa" :
- (A) Mushal Musha  
(B) Manduka Musha  
(C) Maha Musha  
(D) Malla Musha
25. "Shandatwa Varjito Rasa" is obtained by the process of :
- (A) Pathana  
(B) Rodhana  
(C) Niyamana  
(D) Charana
26. Intake of unpurified Haritala causes :
- (A) Urusthambha  
(B) Katishoola  
(C) Prameha  
(D) Kushta
27. The term 'Kamandho Jayato Nara' is related to :
- (A) Chapala Bhasma  
(B) Rasa Bhasma  
(C) Rasaka Bhasma  
(D) Somala Bhasma
28. List of poisonous drugs are mentioned under ASU drugs in Drug and Cosmetic Rule in :
- (A) Schedule T  
(B) Schedule P  
(C) Schedule E  
(D) Schedule F
29. Treatment of Vangavikara is :
- (A) Swarna Bhasma and Haritaki Churna  
(B) Meshasringi Churna and Sarkara  
(C) Munivrihi and Sita  
(D) Madhumishrit Godugdha
30. The quantity of water is in the preparation of Triphala Kwatha used for Loha Bhanupaka :
- (A) Equal  
(B) Two times  
(C) Eight times  
(D) Sixteen times
31. "Chandrarka" is prepared by the process of :
- (A) Fermentation

- (B) Percolation  
(C) Distillation  
(D) None of these
32. What will be the water reduction part in the preparation "Ushnodak" ?  
(A) 1/8 part  
(B) 1/4 part  
(C) Simply boiling  
(D) All of these
33. The pharmaceutical "characteristic feature of Druti" is :  
(A) Samyogascha parad  
(B) Asamyogascha parad  
(C) Both of these  
(D) None of these
34. "Laghu Malini Vasanta Rasa" consists of which of the following ?  
(A) Rasaka, Maricha, Navanita, Triphala nira  
(B) Kharpara, Nagaram, Navanita, Vasa nira  
(C) Rasaka, Maricha, Navanita, Nibu nira  
(D) Parada, Gandhaka, Swarna, Pravala, Kumari nira
35. As per the general principles of Snehakalpana, the preparation "Ksheera Bala Taila" has to be completed within :  
(A) One day  
(B) Two days  
(C) Three days  
(D) Four days
36. Tejoyantra has been recommended in connection with :  
(A) Sandhan Kalpana  
(B) Paradsamskar  
(C) Gandhak Shodhana  
(D) Satvapatan
37. In Hastidantamasi Kalpana who has advised to add Mutra ?  
(A) Bhavamishra  
(B) Sushruta  
(C) Sarangadhar  
(D) All of them
38. The Medium recommended in Bhaishajya Ratnavali in the preparation of Eladi Vati is :  
(A) Milk  
(B) Water  
(C) Honey  
(D) Sura
39. "Eranda Tail" is one of the constituent in which of the following ?  
(A) Simhanada Guggulu  
(B) Brihad Saindavadya Tail  
(C) Sukumar Ghrita  
(D) All of these

40. In Rasa Shastra and Bhaishajya Kalpana "Kasamarda" means :  
 (A) One Medicinal Plant  
 (B) Veshavara  
 (C) Veshavara Churna Yoga  
 (D) All of these
41. According to Charaka, which dosha should be treated first in Sannipata jwara ?  
 (A) Vata  
 (B) Pitta  
 (C) Kapha  
 (D) Tridosha
42. 'Sirajala' (venous network) appears in which one of the following stages of Udararoga ?  
 (A) Ajatodakavata  
 (B) Picchavasta  
 (C) Jatodakavasta  
 (D) None of these
43. Udarda is a nanatmaja disease of which of the following dosha ?  
 (A) Vata  
 (B) Pitta  
 (C) Kapha  
 (D) Rakta
44. In which one of the following disease has Aswedam a symptom ?  
 (A) Eka Kustha  
 (B) Mashaka  
 (C) Dadru  
 (D) Sidhma
45. Pellagra preventing vitamin is :  
 (A) Vit. B  
 (B) Vit. B2  
 (C) Vit. B3  
 (D) Vit. B5
46. Causative organism of Swine flu is :  
 (A) H5N1 Virus  
 (B) H1N1 Virus  
 (C) H3N2 Virus  
 (D) H5O2 Virus
47. Sidhartaka snanam is indicated in :  
 (A) Ajagalli  
 (B) Vicharchika  
 (C) Kusta  
 (D) None of these
48. Which of the plasmodium mosquito causes cerebral malaria ?  
 (A) Pl. Vivax  
 (B) Pl. Falciparum  
 (C) Pl. Malaria  
 (D) All of these
49. Vimarga gamana is the character of :  
 (A) Sroto vaigunya  
 (B) Sroto dusti  
 (C) Srotavarodha  
 (D) Khavaigunya
50. 'Guda linga Vyadhi Pariksha' is done with :  
 (A) Upashaya  
 (B) Anupashaya  
 (C) Both of these  
 (D) None of these

51. Which of the following is increased in Vatarakta ?

- (A) Serum cholesterol
- (B) Serum amylase
- (C) Serum glucose
- (D) Uric acid

52. The independent chapter as 'Amavata' is first described by :

- (A) Charaka
- (B) Sushruta
- (C) Astanga Hridaya
- (D) None of these

53. Which one of the dosha is not involved in Galaganda ?

- (A) Vata
- (B) Pitta
- (C) Kapha
- (D) Meda

54. The carrier of Dengue fever is :

- (A) Vivax mosquito
- (B) Aedes mosquito
- (C) Culex mosquito
- (D) Anopheles mosquito

55. The best treatment for tamaka shwasa, pakshaghata and udararoga is :

- (A) Vamana
- (B) Virechana
- (C) Asthapana
- (D) Snehapana

56. Description of dashavidha roga pariksha is mentioned in :

- (A) Cha. Su 1
- (B) Cha. Su 10
- (C) Cha. Ni 8
- (D) Cha. Vi 8

57. Threshold of kidney at which sugar appears in urine is :

- (A) 100
- (B) 120
- (C) 180
- (D) 300

58. Match List – I (Dharaneeyavega) with List – II (Upadrava) and select the correct answer using the codes given below the lists :

List – I	List – II
<b>(Dharaneeyavega)</b>	<b>(Upadrava)</b>
(a) Mutravega Nigrahana	1. Bhrama
(b) Chardivega Nigrahana	2. Shiroroga
(c) Kshudavega Nigrahana	3. Bastisula
(d) Pureeshavega Nigrahana	4. Pandu

**Codes :**

(A)	(a)	(b)	(c)	(d)
	3	1	4	2
(B)	(a)	(b)	(c)	(d)
	2	4	1	3
(C)	(a)	(b)	(c)	(d)
	3	4	1	2
(D)	(a)	(b)	(c)	(d)
	2	1	4	3

76. In children the dantodbhava janya netra roga is :
- (A) Utsangini  
(B) Ajaka jata  
(C) Kukkunaka  
(D) Pakshma kopa
77. Anyato vata is :
- (A) Nasa roga  
(B) Shiro roga  
(C) Netra roga  
(D) Hrid roga
78. Agnikarma is not indicated in :
- (A) Parisravi bhagandhara  
(B) Ustra greeva  
(C) Shataponaka  
(D) Unmargi
79. The place of Ranjaka pitta according to Astanga Hridaya is :
- (A) Amashaya  
(B) Hridaya  
(C) Yakrit pleeha  
(D) Puppusa
80. According to Vagbhata which one of the following danta dhavana kasta is not recommended ?
- (A) Babbula  
(B) Nimba  
(C) Peelu  
(D) Arka
81. Poor man's meat is :
- (A) Pulses  
(B) Cereals  
(C) Goat's meat  
(D) Chicken
82. Daily dose of Vit. B<sub>12</sub> is :
- (A) 1 mg./day  
(B) 2 mg./day  
(C) 2-3 mg./day  
(D) 500 IU/day
83. Coconut water contains rich amount of :
- (A) Sodium  
(B) Potassium  
(C) Chloride  
(D) Carbohydrate
84. Which is the body building material ?
- (A) Fat  
(B) Carbohydrate  
(C) Protein  
(D) Minerals
85. In which Ritu, Rasala and Raga shadav are advised ?
- (A) Vasanth  
(B) Greeshma  
(C) Sharad  
(D) Varsha

86. In which one of the following Champaka Agada is used ?  
 (A) Spider bite  
 (B) Rat bite  
 (C) Dog bite  
 (D) Snake bite
87. A snake bite patient shows haemoptysis and haematuria. This patient is of which one of the following damsa ?  
 (A) Rajika damsa  
 (B) Darvikara damsa  
 (C) Mandali damsa  
 (D) Vaikaranja damsa
88. The anti dote of dattura is :  
 (A) Naloxone  
 (B) Pilocarpine  
 (C) Potassium ferrocyanide  
 (D) Curare
89. Dushi visa asraya is :  
 (A) Dosha  
 (B) Dhatu  
 (C) Mala  
 (D) Srotas
90. Number of stavara visha adhistana are :  
 (A) 3  
 (B) 7  
 (C) 10  
 (D) 16
91. The composition of Agni is :  
 (A) Raja + Tama  
 (B) Satva + Raja  
 (C) Raja + Kapha  
 (D) Satva + Tama
92. Pace maker of the heart is :  
 (A) A. V. Node  
 (B) S. A. Node  
 (C) Both of these  
 (D) None of these
93. Which one of the following groups contains qualities of kapha ?  
 (A) Guru, Snigdha, Madhura, Picchila  
 (B) Kshara, Visada, Sheeta, Sukshma  
 (C) Katu, Sara, Teekshna, Drava  
 (D) Vyavayi, Vikasi, Laghu, Tikta
94. Which one of the following set describes the five types of Kapha ?  
 (A) Avalambaka, Kledaka, Bhodhaka, Alochaka, Sleshaka  
 (B) Kledaka, Sleshaka, Brajaka, Avalambaka, Tarpaka  
 (C) Avalambaka, Kledaka, Bhodhaka, Tarpaka, Sleshaka  
 (D) Tarpaka, Avalambaka, Udana, Sleshaka, Kledaka
95. A detailed description on nadi pariksha is first mentioned by :  
 (A) Charaka Samhita

- (B) Sushruta Samhita  
(C) Sharangadhara Samhita  
(D) Bhavaprakasha
96. Liver and Spleen derived from which one of the following ?  
(A) Matrujabhava  
(B) Pitrujabhava  
(C) Atmajabhava  
(D) Rasajabhava
97. Sarva sharira vyapi kala is :  
(A) Mamsadhara kala  
(B) Raktadhara kala  
(C) Pittadhara kala  
(D) Shukradhara kala
98. Which one of the following skin is the seat for Sidhma, Padma and Kantaka ?  
(A) Lohita  
(B) Avabhasini  
(C) Tamra  
(D) Vedini
99. Which nerve is mostly affected in the common fracture at the neck of the Humerus ?  
(A) Radial Nerve  
(B) Ulnar Nerve  
(C) Auxillary Nerve  
(D) Median Nerve
100. Which one of the following does not related to Kurcha Marma ?  
(A) Vaikalyakara Marma  
(B) Snayu Marma  
(C) Shakti hara Marma  
(D) Above the Kshipra Marma

\*\*\*\*\*