

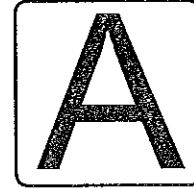
DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

T. B. C. : AM – I

Test Booklet Series

Serial No.

1353



TEST BOOKLET
AYURVEDIC MEDICAL OFFICER
PAPER – I

Time Allowed : 1½ Hours

Maximum Marks : 100

: INSTRUCTIONS TO CANDIDATES :

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS TEST BOOKLET DOES NOT HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET OF THE SAME SERIES ISSUED TO YOU.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES A, B, C OR D, AS THE CASE MAY BE, IN THE APPROPRIATE PLACE IN THE ANSWER SHEET USING BALL POINT PEN (BLUE OR BLACK).
3. You have to enter your **Roll No.** on the Test Booklet in the Box provided alongside. **DO NOT** write *anything else* on the Test Booklet.
4. This Test Booklet contains **100** items (questions). Each item (question) comprises four responses (answers). You have to select the correct response (answer) which you want to mark (darken) on the Answer Sheet. In case, you feel that there is more than one correct response (answer), you should mark (darken) the response (answer) which you consider the best. In any case, choose **ONLY ONE** response (answer) for each item (question).
5. You have to mark (darken) all your responses (answers) **ONLY** on the **separate Answer Sheet** provided, by using **BALL POINT PEN (BLUE OR BLACK)**. See instructions in the Answer Sheet.
6. All items (questions) carry equal marks. All items (questions) are compulsory. Your total marks will depend only on the number of correct responses (answers) marked by you in the Answer Sheet. **There will be negative markings for wrong answers.** 25 percent of marks allotted to a particular item (question) will be deducted as negative marking for every wrong response (answer).
7. Before you proceed to mark (darken) in the Answer Sheet the responses to various items (questions) in the Test Booklet, you have to fill in some particulars in the Answer Sheet as per the instructions sent to you with your **Admission Certificate**.
8. After you have completed filling in all your responses (answers) on the Answer Sheet and after conclusion of the examination, you should hand over to the Invigilator the *Answer Sheet* issued to you. You are allowed to take with you the candidate's copy/second page of the Answer Sheet along with the *Test Booklet* after completion of the examination for your reference.

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1. Which of the following is increased in Vatarakta ?
 - (A) Serum cholesterol
 - (B) Serum amylase
 - (C) Serum glucose
 - (D) Uric acid
2. The independent chapter as 'Amavata' is first described by :
 - (A) Charaka
 - (B) Sushruta
 - (C) Astanga Hridaya
 - (D) None of these
3. Which one of the dosha is not involved in Galaganda ?
 - (A) Vata
 - (B) Pitta
 - (C) Kapha
 - (D) Meda
4. The carrier of Dengue fever is :
 - (A) Vivax mosquito
 - (B) Aedes mosquito
 - (C) Culex mosquito
 - (D) Anopheles mosquito
5. The best treatment for tamaka shwasa, pakshaghata and udara-roga is :
 - (A) Vamana
 - (B) Virechana
 - (C) Asthapana
 - (D) Snehapana
6. Description of dashavidha roga pariksha is mentioned in :
 - (A) Cha. Su 1
 - (B) Cha. Su 10
 - (C) Cha. Ni 8
 - (D) Cha. Vi 8
7. Threshold of kidney at which sugar appears in urine is :
 - (A) 100
 - (B) 120
 - (C) 180
 - (D) 300
8. Match List – I (Dharaneeyavega) with List – II (Upadrava) and select the correct answer using the codes given below the lists :

List – I	List – II
(Dharaneeyavega)	(Upadrava)
(a) Mutravega Nigrahana	1. Bhrama
(b) Chardivega Nigrahana	2. Shiroroga
(c) Kshudavega Nigrahana	3. Bastisula
(d) Pureeshavega Nigrahana	4. Pandu

Codes :

(A)	(a)	(b)	(c)	(d)
	3	1	4	2
(B)	(a)	(b)	(c)	(d)
	2	4	1	3
(C)	(a)	(b)	(c)	(d)
	3	4	1	2
(D)	(a)	(b)	(c)	(d)
	2	1	4	3

9. Consider the following statements :

- (i) Klaibya is rasapradoshaja disease.
- (ii) Klaibya is caused by sukra dosha.
- (iii) Gulma is Rakta pradoshaja disease.

Which of the statements given above are correct ?

- (A) (i), (ii) and (iii)
- (B) (i) and (ii)
- (C) (ii) and (iii)
- (D) (i) and (iii)

10. The colour of Sleshma mutrashmari resembles with which one of the following ?

- (A) Madhuka flower colour
- (B) Honey colour
- (C) Kadamba flower colour
- (D) Kernel of Bhllatak fruit

11. According to Charaka, which dosha should be treated first in Sannipata jwara ?

- (A) Vata
- (B) Pitta
- (C) Kapha
- (D) Tridosha

12. 'Sirajala' (venous network) appears in which one of the following stages of Udararoga ?

- (A) Ajatodakavata

- (B) Picchavasta
- (C) Jatodakavasta
- (D) None of these

13. Udarda is a nanatmaja disease of which of the following dosha ?

- (A) Vata
- (B) Pitta
- (C) Kapha
- (D) Rakta

14. In which one of the following disease has Aswedam a symptom ?

- (A) Eka Kustha
- (B) Mashaka
- (C) Dadru
- (D) Sidhma

15. Pellagra preventing vitamin is :

- (A) Vit. B
- (B) Vit. B2
- (C) Vit. B3
- (D) Vit. B5

16. Causative organism of Swine flu is :

- (A) H5N1 Virus
- (B) H1N1 Virus
- (C) H3N2 Virus
- (D) H5O2 Virus

17. Sidhartaka snanam is indicated in :

- (A) Ajagalli
- (B) Vicharchika
- (C) Kusta
- (D) None of these

18. Which of the plasmodium mosquito causes cerebral malaria ?
- (A) Pl. Vivax
(B) Pl. Falciparum
(C) Pl. Malaria
(D) All of these
19. Vimarga gamana is the character of :
- (A) Sroto vaigunya
(B) Sroto dusti
(C) Srotavarodha
(D) Khavaigunya
20. 'Guda linga Vyadhi Pariksha' is done with :
- (A) Upashaya
(B) Anupashaya
(C) Both of these
(D) None of these
21. "Chandrarka" is prepared by the process of :
- (A) Fermentation
(B) Percolation
(C) Distillation
(D) None of these
22. What will be the water reduction part in the preparation "Ushnodak" ?
- (A) 1/8 part
(B) 1/4 part
(C) Simply boiling
(D) All of these
23. The pharmaceutical "characteristic feature of Druti" is :
- (A) Samyogascha parad
(B) Asamyogascha parad
(C) Both of these
(D) None of these
24. "Laghu Malini Vasanta Rasa" consists of which of the following ?
- (A) Rasaka, Maricha, Navanita, Triphala nira
(B) Kharpara, Nagaram, Navanita, Vasa nira
(C) Rasaka, Maricha, Navanita, Nibu nira
(D) Parada, Gandhaka, Swarna, Pravala, Kumari nira
25. As per the general principles of Snehakalpana, the preparation "Ksheera Bala Taila" has to be completed within :
- (A) One day
(B) Two days
(C) Three days
(D) Four days
26. Tejoyantra has been recommended in connection with :
- (A) Sandhan Kalpana
(B) Paradsamskar
(C) Gandhak Shodhana
(D) Satvapatan

27. In Hastidantamasi Kalpana who has advised to add Mutra ?
- (A) Bhavamishra
(B) Sushruta
(C) Sarangadhar
(D) All of them
28. The Medium recommended in Bhaishajya Ratnavali in the preparation of Eladi Vati is :
- (A) Milk
(B) Water
(C) Honey
(D) Sura
29. "Eranda Tail" is one of the constituent in which of the following ?
- (A) Simhanada Guggulu
(B) Brihad Saindavadya Tail
(C) Sukumar Ghrita
(D) All of these
30. In Rasa Shastra and Bhaishajya Kalpana "Kasamarda" means :
- (A) One Medicinal Plant
(B) Veshavara
(C) Veshavara Churna Yoga
(D) All of these
31. "Khatika" is one of the ingredient in :
- (A) Mugdha Rasa, Agnimrittika and Panchamrittika
(B) Vahnimritsna, Panka Parpati and Sudhanidhi Rasa
(C) Mugdha Rasa, Toyamrittika and Varnamrittika
(D) Mugdha Rasa, Sudha Parpati and Sweta Gandhak Druti
32. "Sristhaloha Vinashini" is the term used for :
- (A) Garakosthi
(B) Angarakosthi
(C) Patalakosthi
(D) Angaradhanika
33. The proportion of "Ghee" in "Dasangalepa" (according to Sarangadhar Samhita) is :
- (A) 1/10
(B) 1/5
(C) 1/8
(D) 1/4
34. The Musha useful in the preparation of "Chakribaddha Rasa" :
- (A) Mushal Musha
(B) Manduka Musha
(C) Maha Musha
(D) Malla Musha
35. "Shandatwa Varjito Rasa" is obtained by the process of :
- (A) Pathana
(B) Rodhana
(C) Niyamana
(D) Charana

36. Intake of unpurified Haritara causes :
 (A) Urusthambha
 (B) Katishoola
 (C) Prameha
 (D) Kushta
37. The term 'Kamandho Jayato Nara' is related to :
 (A) Chapala Bhasma
 (B) Rasa Bhasma
 (C) Rasaka Bhasma
 (D) Somala Bhasma
38. List of poisonous drugs are mentioned under ASU drugs in Drug and Cosmetic Rule in :
 (A) Schedule T
 (B) Schedule P
 (C) Schedule E
 (D) Schedule F
39. Treatment of Vangavikara is :
 (A) Swarna Bhasma and Haritaki Churna
 (B) Meshasringi Churna and Sarkara
 (C) Munivrihi and Sita
 (D) Madhumishrit Godugdha
40. The quantity of water is in the preparation of Triphala Kwatha used for Loha Bhanupaka :
 (A) Equal
 (B) Two times
 (C) Eight times
 (D) Sixteen times
41. Which of the following drug is contra-indicated in Dadru ?
 (A) Suran kanda
 (B) Vidari kanda
 (C) Katphal
 (D) Varahi kanda
42. The rasa of Bringa raja is :
 (A) Katu
 (B) Tikta
 (C) Kashaya
 (D) Madhura
43. According to Charaka the best drug in mutrakrichra is :
 (A) Punarnava
 (B) Gokshura
 (C) Veerana
 (D) Chandan
44. Picrocrocin is found in :
 (A) Naga Kesar
 (B) Kesar
 (C) Kutki
 (D) None of these
45. Which of the following drug is not related with chaturbhadra group ?
 (A) Ativisha
 (B) Musta
 (C) Guduchi
 (D) Usheera

46. The useful part of Latakasturi is :
- (A) Stem
(B) Root
(C) Leaf
(D) Seed
47. The word phala pippali is related to :
- (A) Kutaja Phala
(B) Madhana Phala
(C) Bilva Phala
(D) None of these
48. "Golden thread root" is :
- (A) Vriddadaru
(B) Mameera
(C) Raja bala
(D) Musta
49. Bhag (*Cannabis sativa*) is first described by :
- (A) Sharangadhara Samhita
(B) Bhava Prakash
(C) Priya Nighantu
(D) Astanga Sangraha
50. The drug Bhumyamalaki is useful in :
- (A) Hridroga
(B) Jalodara
(C) Yakrit disorders
(D) Vrikkaroga
51. Which of the following is vata hara drug ?
- (A) Jambu
(B) Mudga
(C) Bala
(D) Yasti madhu
52. *Cassia fistula* is the botanical name of :
- (A) Mudga phala
(B) Tala phala
(C) Deergha phala
(D) Maha phala
53. 'Ratti' is :
- (A) *Crocus Sativum*
(B) *Abrous Precatorius*
(C) *Abutilan Indicum*
(D) *Crocus Nucifera*
54. The substitute for meda and mahameda is :
- (A) Varahi Kanda
(B) Ashwagandha
(C) Vidari
(D) Vari
55. Codein extracted part of :
- (A) *Cannabis*
(B) *Cinchona*
(C) *Opium*
(D) None of these

56. Panchabhuta compensation of vamana dravya :
- (A) Pritvi and Teja
(B) Vayu and Teja
(C) Pritvi and Jala
(D) Jala and Vayu
57. The period of Bhava Prakash is :
- (A) 11th Century AD
(B) 13th Century AD
(C) 14th Century AD
(D) 16th Century AD
58. Priya Nighantu is written by :
- (A) Harana Chandra
(B) Gangadhar Ray
(C) P. V. Sharma
(D) Jyoti Chandra Saraswathy
59. TKDL is dealing with :
- (A) Patents
(B) Export
(C) Import
(D) Educate people
60. 'Hridayanam' is :
- (A) Arjun
(B) Amalaki
(C) Pathya
(D) Patha
61. The composition of Agni is :
- (A) Raja + Tama
(B) Satva + Raja
(C) Raja + Kapha
(D) Satva + Tama
62. Pace maker of the heart is :
- (A) A. V. Node
(B) S. A. Node
(C) Both of these
(D) None of these
63. Which one of the following groups contains qualities of kapha ?
- (A) Guru, Snigdha, Madhura, Picchila
(B) Kshara, Visada, Sheeta, Sukshma
(C) Katu, Sara, Teekshna, Drava
(D) Vyavayi, Vikasi, Laghu, Tikta
64. Which one of the following set describes the five types of Kapha ?
- (A) Avalambaka, Kledaka, Bhodhaka, Alochaka, Sleshaka
(B) Kledaka, Sleshaka, Brajaka, Avalambaka, Tarpaka
(C) Avalambaka, Kledaka, Bhodhaka, Tarpaka, Sleshaka
(D) Tarpaka, Avalambaka, Udana, Sleshaka, Kledaka
65. A detailed description on nadi pariksha is first mentioned by :
- (A) Charaka Samhita
(B) Sushruta Samhita
(C) Sharangadhara Samhita
(D) Bhavaprakasha

66. Liver and Spleen derived from which one of the following ?
- (A) Matrjabhava
(B) Pitrujabhava
(C) Atmajabhava
(D) Rasajabhava
67. Sarva sharira vyapi kala is :
- (A) Mamsadhara kala
(B) Raktadhara kala
(C) Pittadhara kala
(D) Shukradhara kala
68. Which one of the following skin is the seat for Sidhma, Padma and Kantaka ?
- (A) Lohita
(B) Avabhasini
(C) Tamra
(D) Vedini
69. Which nerve is mostly affected in the common fracture at the neck of the Humerus ?
- (A) Radial Nerve
(B) Ulnar Nerve
(C) Auxillary Nerve
(D) Median Nerve
70. Which one of the following does not related to Kurcha Marma ?
- (A) Vaikalyakara Marma
(B) Snayu Marma
(C) Shakti hara Marma
(D) Above the Kshipra Marma
71. Poor man's meat is :
- (A) Pulses
(B) Cereals
(C) Goat's meat
(D) Chicken
72. Daily dose of Vit. B₁₂ is :
- (A) 1 mg./day
(B) 2 mg./day
(C) 2-3 mg./day
(D) 500 IU/day
73. Coconut water contains rich amount of :
- (A) Sodium
(B) Potassium
(C) Chloride
(D) Carbohydrate
74. Which is the body building material ?
- (A) Fat
(B) Carbohydrate
(C) Protein
(D) Minerals
75. In which Ritu, Rasala and Raga shadav are advised ?
- (A) Vasanth
(B) Greeshma
(C) Sharad
(D) Varsha

76. In which one of the following Champaka Agada is used ?
- (A) Spider bite
(B) Rat bite
(C) Dog bite
(D) Snake bite
77. A snake bite patient shows haemoptysis and haematuria. This patient is of which one of the following damsas ?
- (A) Rajika damsas
(B) Darvikaras damsas
(C) Mandali damsas
(D) Vaikaranjas damsas
78. The antidote of datura is :
- (A) Naloxone
(B) Pilocarpine
(C) Potassium ferrocyanide
(D) Curare
79. Dushi visa asraya is :
- (A) Dosha
(B) Dhatu
(C) Mala
(D) Srotas
80. Number of stavara visha adhistanas are :
- (A) 3
(B) 7
(C) 10
(D) 16
81. Ashtanga Hridaya has not included which one of the following in Murdha taila ?
- (A) Siro-abhyanga
(B) Siro-seka
(C) Siro-basti
(D) Siro-sneha
82. According to Ashtanga Hridaya 'Brahmayed-aushadhaaharairamedas Mutralaihi' — line of treatment has been mentioned in the context of which one of the following diseases ?
- (A) Krishna Prameha
(B) Sthula Prameha
(C) Avruta Prameha
(D) Kaphaja Prameha
83. According to Vagbhata vasti in garbhini is advised in the month of :
- (A) 6th month
(B) 7th month
(C) 8th month
(D) 9th month
84. Anjali pramana of sthanya according to Vagbhata is :
- (A) 1
(B) 2
(C) 3
(D) 4

85. According to Vagbhata first netra upakrama is :
- (A) Tarpana
(B) Aschyotana
(C) Puta paka
(D) Vidalaka
86. In children the dantodbhava janya netra roga is :
- (A) Utsangini
(B) Ajaka jata
(C) Kukkunaka
(D) Pakshma kopa
87. Anyato vata is :
- (A) Nasa roga
(B) Shiro roga
(C) Netra roga
(D) Hrid roga
88. Agnikarma is not indicated in :
- (A) Parisravi bhagandhara
(B) Ustra greeva
(C) Shataponaka
(D) Unmargi
89. The place of Ranjaka pitta according to Astanga Hridaya is :
- (A) Amashaya
(B) Hridaya
(C) Yakrit pleeha
(D) Puppusa
90. According to Vagbhata which one of the following danta dhavana kasta is not recommended ?
- (A) Babbula
(B) Nimba
(C) Peelu
(D) Arka
91. According to Vagbhata upaveshana samskara is done in the month of :
- (A) 4th month
(B) 5th month
(C) 6th month
(D) 7th month
92. Which one of the following text first described the concept of vichitra pratyarabda ?
- (A) Charaka Samhita
(B) Sushruta Samhita
(C) Astanga Hridaya
(D) Bhava Prakash
93. According to Vagbhata Pumsavana karma is advised in :
- (A) 4 months before pregnancy
(B) After 4th week of pregnancy
(C) After 4th month of pregnancy
(D) None of these
94. The number of chapters in Astanga Hridaya are :
- (A) 80
(B) 120
(C) 140
(D) None of these

95. The statement 'Mahat Grandhito Arbudam' is said by :
- (A) Charaka Samhita
(B) Sushruta Samhita
(C) Astanga Hridayam
(D) Sharangadhara Samhita
96. The drug 'Ayush 64' is used in the disease of :
- (A) Sleepad
(B) Malaria
(C) Both of these
(D) None of these
97. Udupa Committee was formed in the year of :
- (A) 1955
(B) 1958
(C) 1959
(D) 1966
98. The author of Rasa Ratna Samuccaya is :
- (A) Govinda Bhagavatpada
(B) Sadananda Sharma
(C) Vagbhata
(D) Somadev
99. The period of Bhaishajya Ratnavali is :
- (A) 14th Century
(B) 16th Century
(C) 18th Century
(D) 20th Century
100. Ayurveda is the Upaveda of :
- (A) Rig veda
(B) Yajurveda
(C) Sama veda
(D) Atharva veda
