

5.5 Physical Standards

Candidates applying for vacancies in different cadres should be of the below mentioned minimum prescribed height for being eligible for the posts:

| Cadre | Minimum Height required | |
|-----------------|-------------------------|-------------------------|
| | Male | Female |
| District Police | 5' 7" (5 feet 7 inches) | 5' 2" (5 feet 2 inches) |
| Armed Police | 5' 7" (5 feet 7 inches) | 5' 2" (5 feet 2 inches) |

6. SELECTION PROCESS

The selection process shall be a three stage process consisting of the following stages:

- **Stage-I:** Stage I will consist of three Computer Based, Multiple Choice Question (MCQ) type Papers viz. Paper I, Paper II and Paper III, of which Paper III shall be qualifying in nature.
- **Stage-II:** Stage II will consist of Physical Measurement Test (PMT) and Physical Screening Test (PST). Both Physical Measurement Test and Physical Screening Test shall be qualifying in nature.
- **Stage-III:** Stage III will consist of Document Scrutiny.

7. **STAGE – I: Computer Based Test**

The first stage of the selection process shall be Computer Based Test (CBT) comprising of the following:-

| | |
|--------------------|---|
| Paper - I | Paper-I shall comprise of 100 questions carrying four (04) marks each. |
| Paper - II | Paper-II shall comprise of 100 questions carrying four (04) marks each. |
| Paper - III | Paper-III shall be a mandatory qualifying test of Punjabi language of matriculation standard comprising of 50 questions carrying one (01) mark each with 50% marks as the qualifying criteria. The marks obtained in this Paper shall not be counted for determining merit. |

Each candidate shall be required to attempt the following Papers as per schedule:

| Paper I | SYLLABUS | Number of Questions |
|---|---|---------------------|
| <p>Total Duration 2 hours</p> <p>Total number of questions –100</p> <p>Maximum marks- 400</p> | <p>Section-1 <u>General Awareness:</u></p> <p>Indian Constitution and its features, Central and State Legislature, Executive & Local Government Institutions, Judicial Institutions, History & Culture of India and Punjab, Science & Technology, Indian Economy, Geography & Environment, Current Affairs (National and International) including current legal developments, Awareness of issues concerning Diversity, Ethics & vulnerable sections of society.</p> | <p>50</p> |
| | <p>Section-2 <u>Quantitative Aptitude & Numerical Skills:</u></p> <p>Numbers & their relations, Simplification, Decimals and Fractions, Ratios and Proportions, Percentage, Average (Mean, Median and Mode), Profit & Loss, Simple & Compound Interest, Time and Work, Mensuration, Speed, Time and Distance, Equations.</p> | <p>30</p> |
| | <p>Section-3 <u>Punjabi Language Skills:</u></p> <p>Punjabi Language skills including Sentence Completion and Structuring, Error Detection, Vocabulary (Synonyms/ Antonyms, One Word Substitution etc.), Reading Comprehension/Passage, Translation from English to Punjabi, Precis Skills, Fill in the blanks.</p> | <p>20</p> |

| Paper II | SYLLABUS | Number of Questions |
|---|---|---------------------|
| <p>Total Duration 2 hours</p> <p>Total number of questions– 100</p> | <p>Section-1 <u>Logical & Analytical Reasoning and Data Interpretation</u></p> <p>Statements & Conclusions, Number and Letter Series, Sequencing, Missing number, Pattern Completion, Order and Ranking, Direction and Distances, Data Sufficiency, Puzzles, Classification & Analogy, Calendars, Relationship Problems, Coding & De-coding, Verbal Reasoning, Non-Verbal Reasoning, Legal Reasoning, Data Interpretation (Graphs, Charts, Tables, Spread sheets etc).</p> | <p>50</p> |

| | | |
|---|--|-----------|
| Maximum marks-400 | Section-2 <u>Digital Literacy & Computer Awareness</u> Fundamentals of Computers, Basics of Operating Systems, Computer Hardware, MS Office (Word, Excel & PowerPoint), Internet & Worldwide web, Social Media Platforms, Web Search engines, VoIP communication, Mobile Phones (basic conceptual knowledge), Instant Messaging Applications (WhatsApp, Signal etc.), Basics of Data Encryption, Basics of Cyber Security. | 30 |
| | Section-3 <u>English Language Skills</u> English Language skills, including Sentence Completion and Structuring, Error Detection, Vocabulary (Synonyms/Antonyms, One Word Substitution etc.), Reading Comprehension/Passage, Translation from Punjabi to English, Precis Skills, Fill in the blanks | 20 |
| Paper III Total Duration 1 hour Total number of questions - 50 Maximum marks – 50 | Mandatory Qualifying paper of Punjabi Language equivalent to Matriculation standard comprising of 50 questions carrying one (01) mark each. This paper shall be qualifying in nature with 50% marks as the qualifying criteria. The marks obtained in this Paper shall not be counted for determining merit. | 50 |

Note: Each candidate shall be issued Admit Card(s) indicating the specific date, time and venue for candidate's Computer Based Test Papers. The candidate is required to download the Admit Card(s) and bring a hard copy (printout) of the Admit card(s), along with any one prescribed Photo Identity Proof (Aadhaar Card, Indian Driving License, PAN card, Voter Identity card, Indian Passport) for entry to the venue of the Papers.

7.1 Negative Marking

Negative marking for an incorrect answer in Paper I and in Paper II shall be 25% of the marks assigned to a question i.e., 1 mark.

There shall be no negative marking for Paper III, which is the mandatory qualifying paper of Punjabi Language.

7.2 Normalization

As computer based tests would be conducted in multiple shifts, with different sets of questions, for different sets of participants, normalization of scores shall be carried out using the Mean Standard Deviation method using the following formula:

Normalization mark of j^{th} candidate in the i^{th} Shift \widehat{M}_{ij} is given by

$$\widehat{M}_{ij} = \frac{\bar{M}_t^g - M_q^g}{\bar{M}_{ti} - M_{iq}} (M_{ij} - M_{iq}) + M_q^{gm}$$

M_{ij} = is the actual marks obtained by the j^{th} candidate in i^{th} shift.

\bar{M}_t^g = is the average marks of the top 0.1% of the candidates considering all shifts (number of candidates will be rounded-up).

M_q^g = is the sum of mean and standard deviation marks of the candidates in the paper considering all shifts.

\bar{M}_{ti} = is the average marks of the top 0.1% of the candidates in the i^{th} shift (number of candidates will be rounded-up).

M_{iq} = is the sum of mean marks and standard deviation of the i^{th} shift

M_q^{gm} = is the sum of the mean marks of candidates in the shift having maximum mean and standard deviation of marks of candidates in the examination considering all shifts.

Calculation of marks will be up to 5 places of decimal.

7.3 Minimum Marks

After normalization is carried out in the above mentioned manner, candidates belonging to Scheduled Caste, Backward Class, Economically Weaker Section and Ex-servicemen categories shall be required to score a minimum of 35% marks and candidates belonging to other categories shall be required to score a minimum of 40% marks, in each of the Papers I & II separately, to be eligible to be considered for the next stage of the selection process.

The candidates shall also be required to score a minimum of 50% percent marks in Paper III after normalization is carried out to qualify for the next stage of the selection process. The failure to secure minimum 50% marks in Paper III shall disqualify the candidate for being considered for the next stage of the selection process irrespective of his scores in Papers I and II. However, the marks obtained by a candidate in Paper III, which is a mandatory qualifying paper of Punjabi Language, shall not be considered in the overall score of the candidate for determining merit.

7.4 Answer Key and Seeking of Objections

Upon completion of the last session of the Computer based tests, the Answer Key shall be uploaded on the Recruitment Portal. Candidates will be given 48 hours to raise objections to the Answer Key. A nominal fee of rupees 50/- shall be charged per objection. The fee shall be refunded, if the objection is sustained.

7.5 Alerts to Candidates

It shall be the responsibility of the candidates to keep themselves abreast of the updates with respect to the process and stage of the selection process by frequently checking the Recruitment Portal for updates. No individual communication shall be made with the candidates. However, candidates shall be informed at various stages

of the selection process, by SMS & E-mail. The alerts are just an additional facilitation provided to the candidates. The department shall not be responsible for non-receipt of an alert due to any reason whatsoever.

The candidates are advised to disable 'Do Not Disturb' (DND) service on their mobile phones to enable timely receipt of SMS alerts.

8. STAGE-II PHYSICAL MEASUREMENT TEST AND PHYSICAL SCREENING TEST

Sufficient number of candidates, from amongst the candidates who have obtained required minimum marks in Paper I and Paper II and have also qualified Paper III, would be shortlisted on the basis of merit determined by the cumulative marks obtained in Papers I and II following normalization, and after factoring in reservation for various categories. The shortlisted candidates would be called for Stage II. Stage II of the selection process consisting of Physical Measurement Test and Physical Screening Test shall be conducted at designated place(s), date(s) and time.

8.1 Schedule for Stage-II Tests

The schedule for Physical Measurement Test (PMT) and Physical Screening Test (PST) shall be uploaded on the Recruitment Portal. Separate Admit Card, indicating the date, time and venue, shall be issued for Stage-II tests. The candidate is required to download the Admit card, bring a hard copy (print out) of the same along with any one prescribed Photo Identity Proof (Aadhaar Card, Indian Driving License, PAN card, Voter Identity card, Indian Passport), for entry to the venue of the Stage II.

Physical Measurement Test (PMT) and Physical Screening Test (PST)

The height of the candidates called for Stage II shall be measured and candidates found to be of or above the requisite minimum height, as mentioned in para 5.5, shall be declared as having qualified the Physical Measurement test (PMT).

The Physical Screening Test (PST), which shall be qualifying in nature, shall comprise of the following events:

For District Police and Armed Police cadres

| Candidate | Events in the Physical Screening Test |
|---|---|
| For Male Candidates (excluding Ex-Servicemen above 35 years of age as on January 1, 2023) | (a) 1600 meters run to be completed in 7:00 minutes (only one chance) (b) Long Jump 3.65 meters (only 3 chances) (c) High Jump 1.10 meters (only 3 chances) |
| For Ex-Servicemen Male Candidates of age more than 35 years (as on January 1, 2023) | (a) 1400 meters walk and run to be completed in 12 minutes (only one chance) (b) 10 full squats within 3 minutes (only one chance) |

| | |
|------------------------------|--|
| For Female Candidates | <p>(a) 800 meters run to be completed in 5 minutes (only one chance)</p> <p>(b) Long Jump 2.75 meters (only 3 chances)</p> <p>(c) High Jump 0.90 meters (only 3 chances)</p> |
|------------------------------|--|

Note 1: Candidates shall be required to qualify all the events for the particular category to which she/he belongs. Failure to qualify any one event for that particular category shall disqualify the candidate.

Note 2: Candidates may note that random testing may be undertaken to rule out the use of performance enhancing drugs. Candidates randomly selected for such test(s) shall have to provide the required biological sample as instructed. Refusal to provide such biological sample shall disqualify candidate and make him/her ineligible for selection.

Note 3: Female candidates, who are pregnant on the date of Stage II Tests that is Physical Measurement Test (PMT) & Physical Screening Test (PST), may submit a request for postponement of their PMT & PST. The following conditions shall, however, be applicable:

- i. Such female candidates shall have to apply through the Recruitment Portal for the postponement of their PST & PMT on or before the scheduled date of their PMT & PST, along with a medical report from a govt. hospital regarding their pregnancy.
- ii. In case such a candidate, on the basis of her cumulative marks in Papers I & II following normalization, provisionally makes it to the final merit list, she shall be given one opportunity for PST & PMT within 180 days of the delivery/termination of pregnancy by keeping a vacancy/seat vacant. The final result of such a candidate shall be declared based on her qualifying Stage II tests and scrutiny of documents.
- iii. The seniority of such a candidate, who is finally selected, would be determined as per the existing govt./departmental rules/instructions.
- iv. In case such a candidate fails to qualify Stage II or Stage III, the vacancy kept on hold for her shall be carried over to the next recruitment.

8.2 Appeals Relating To Physical Measurement Test and Physical Screening Test

Candidates may appeal against the result of the Physical Measurement Test and/or Physical Screening Test, if they so desire, to the Chairperson or the Member of the Central Recruitment Board present at the Physical Measurement Test and Physical Screening Test venue on that very day. The decision of the Chairperson or the Member of the CRB, as the case may be, shall be final and no further appeal or representation in this regard shall be entertained. The Chairperson, or the Member of the CRB, as the case may be, shall record the decision and the reasons thereof, in writing for each case of appeal separately.